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DEPARTMENT OF HEALTH AND HUMAN SERVICES
PUBLIC HEALTH SERVICE
FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

DERMATOLOGIC AND OPHTHALMIC DRUGS
ADVISORY COMMITTEE MEETING NO. 48

Thursday, November 13, 1997

8:35 a.m.

Holiday Inn
8120 Wisconsin Avenue
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P A R T I C I P A N T SCommittee Members:

Joseph McGuire, Jr., M.D., Chairman

Frank Parker, M.D.

S. James Kilpatrick, Ph.D.

Joel Mindel, M.D.

Susan Cohen, B.S.

Milton Orkin, M.D.

Madeleine Duvic, M.D.

William Rosenberg, M.D.

Consultants:

Eva Simmons-O'Brien, M.D. (voting)

Fred Miller, M.D. (voting)

Eduardo Tschen, M.D. (voting)

Henry Lim, M.D. (non-voting)

FOOD AND DRUG ADMINISTRATION STAFF:

Tracy Riley, Executive Secretary

R. Srinivasan, Ph.D.

Hon-Sum Ko, M.D.

Jonathan Wilkin, M.D.

Michael Weintraub, M.D.

C O N T E N T S

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1 Evaluation and Research present no potential for an
2 appearance of a conflict of interest at this meeting with
3 the following exceptions: in accordance with 18 U.S.C.
4 208(b)(3), full waivers have been granted to Ms. Susan Cohen
5 and Dr. Joel Mindel which permit them to participate in all
6 official matters concerning Propecia.

7 Copies of the waiver statements may be obtained by
8 submitting a written request to the agency's Freedom of
9 Information Office, Room 12A30 of the Parklawn Building. In
10 the event that the discussions involve any other products or
11 firms not already on the agenda for which an FDA participant
12 has a financial interest, the participants are aware of the
13 need to exclude themselves from such involvement, and their
14 exclusion will be noted for the record.

15 With respect to all other participants, we ask in
16 the interest of fairness that they address any current or
17 previous financial involvement with any firm whose products
18 they may wish to comment upon.

19 In addition, the committee has invited the
20 following consultants to participate in this meeting as
21 temporary voting members: Dr. Fred Miller, Dr. Eva Simmons-
22 O'Brien and Dr Eduardo Tschen. In addition, the committee
23 has invited the following non-voting guest to participate in
24 the meeting, and that's Dr. Henry Lim. Thank you.

1 DR. MCGUIRE: Before we have the introduction from
2 the agency, I'd like to go around the table and have members
3 introduce themselves. Just give your name and affiliation.
4 Start with Dr. Wilkin.

5 DR. WILKIN: Jonathan Wilkin, Division of
6 Dermatologic and Dental Drug Products, FDA.

7 DR. KO: Hon-Sum Ko, Division of Dermatologic and
8 Dental Drug Products, FDA.

9 DR. SRINIVASAN: Srinivasan, Division of
10 Biometrics for FDA.

11 DR. PARKER: Frank Parker, Department of
12 Dermatology, Oregon Health Sciences University.

13 DR. SIMMONS-O'BRIEN: Eva Simmons-O'Brien,
14 Departments of Dermatology and Internal Medicine, Johns
15 Hopkins.

16 DR. MILLER: Fred Miller, Department of
17 Dermatology, Geisinger Medical Center, Danville,
18 Pennsylvania.

19 DR. KILPATRICK: Jim Kilpatrick, biostatistics,
20 School of Medicine, Medical College of Virginia, Virginia
21 Commonwealth University.

22 MS. RILEY: Tracy Riley; I'm the executive
23 secretary to the committee.

24 DR. MCGUIRE: Joe McGuire, Dermatology and

1 Pediatrics, Stanford.

2 DR. MINDEL: Joel Mindel, Departments of
3 Ophthalmology and Pharmacology, Mount Sinai Medical School,
4 New York.

5 DR. LIM: Henry Lim, Henry Ford Hospital, Detroit,
6 Michigan.

7 DR. TSCHEN: Eduardo Tschen, Department of
8 Dermatology, Albuquerque, New Mexico, University of New
9 Mexico.

10 MS. COHEN: Susan Cohen, and I am the consumer
11 member.

12 DR. ORKIN: Milton Orkin, University of Minnesota
13 Department of Dermatology.

14 DR. DUVIC: Madeleine Duvic, Dermatology and
15 Internal Medicine, M.D. Anderson Cancer Center, Houston,
16 Texas.

17 DR. ROSENBERG: Bill Rosenberg, Dermatology,
18 University of Tennessee College of Medicine.

19 DR. MCGUIRE: Dr. Weintraub just entered, and I'll
20 introduce him, and he'll make the introductory remarks for
21 the agency.

22 DR. WEINTRAUB: Thank you very much.

23 You know, it seems I make these remarks or some
24 variation of them every time, but it's important to outline

1 just how we feel about the advisory committee, besides
2 enjoying your visits and appreciating them very much. But
3 you're our advisors. You're approximately like or somewhat
4 like the industry's advisors, except, of course, you do your
5 work in public, and it's all right, because we're part of
6 the Government, and that doesn't bother us, really, and I
7 hope it doesn't change the quality of your advice or the
8 type of your advice, but you do your work in public.

9 Now, it may appear to you that you're sitting
10 between the sponsor and the FDA, and we've set it up like
11 that because of some special feeling, but we don't ask you
12 to adjudicate between the sponsor and the FDA. That's not
13 what we see as your main role here. We don't expect you to
14 judge the quality of the evidence and come down and say FDA,
15 you were right or sponsor, you were right.

16 We don't ask you to be a science court. That's a
17 term I don't even think--I'm not sure it's correct, that
18 anything could be a science court. However, not that we
19 want you to adjudicate. What we want is to hear the
20 discussion. I wish we didn't have to have the votes.
21 Sometimes, we have to have the vote, and I know that the
22 press, for example, will write down the vote very carefully
23 and worry about a split vote and how many people voted for
24 and how many people voted against.

1 I wish that we didn't have to have the votes, just
2 the discussion. So, in a sense, I'm very much in favor of
3 the kinds of questions we're asking you today and the things
4 we're trying to ask you to do for us today. What we're
5 asking you to do is discuss a variety of issues. Not even
6 the efficacy is in question here. The FDA agrees that the
7 sponsor has shown an effect in vertex baldness. Okay; we
8 can all go home.

9 No, we can't. We want you to look at the safety
10 database and its applicability to the questions before us,
11 and we'd like you to give us your advice on several of the
12 efficacy questions as well: frontal baldness, for example;
13 prevention of further progression of baldness or changing
14 the natural history of baldness, these are large and
15 important questions. They're actually relatively new on the
16 horizon. So, we want you to tell us about what you think
17 about that, what you think about the data.

18 Now, some people might say that gee, the division
19 should have had everything prepared ready to go and its
20 opinion ready to go; you shouldn't have to ask us these
21 questions; we should just think of the big issues, vote on
22 that. Sometimes, because we ask you to do this kind of--
23 give us your advice in this kind of manner, it's because we
24 haven't really finished the review. We need your advice to

1 help us finish up the review, to help us decide on these
2 large questions and on the applicability of the science, the
3 applicability of the safety database.

4 I think that what we're trying to do is maybe
5 adjust the way we use the advisory committees to a certain
6 extent, but in any case, we have to have your judgment, your
7 thoughts, your discussion, your--and I hope some interplay
8 on these very big and large issues.

9 Dr. McGuire, I turn the chair over to you, and
10 I'll be happy to answer any questions if anybody has any,
11 and also, do you have any--oh, okay.

12 DR. MCGUIRE: Thank you very much, Dr. Weintraub.

13 One of the things that Dr. Weintraub just told the
14 committee, and I hope all of you are aware of it, is that
15 the primary and secondary reviewers' report is not in your
16 briefing book. So, if you spent last week looking for it,
17 you're going to hear it today. It's not there. So, we are
18 at an interesting point in time with regard to reviewing the
19 sponsor's product, and the questions that we will vote on
20 later, we will take apart, we will deconstruct them and
21 construct them however the committee wishes.

22 It's my understanding that there is no one from
23 the public speaking today; is that correct?

24 MS. RILEY: I have no applicants.

1 DR. MCGUIRE: Okay; then, we'll go right ahead to
2 the sponsor, and we will hear from Dr. Robert Silverman, who
3 will introduce the product.

4 [Pause.]

5 DR. SILVERMAN: Good morning, Mr. Chairman,
6 members of the advisory committee, FDA and ladies and
7 gentlemen. My name is Bob Silverman. I am senior director
8 of regulatory affairs for Merck Research Laboratories. I
9 shall provide some brief introductory remarks before we
10 present the results from our clinical development program
11 for Propecia.

12 Before beginning, I would like to thank the
13 advisory committee and FDA for the opportunity to present
14 our results which support the new drug application for
15 Propecia, Merck's trade name for finasteride, 1 milligram,
16 for the treatment of men with male pattern hair loss.
17 Finasteride is, in fact, an established medication.
18 Finasteride is an orally-administered highly specific
19 inhibitor of the enzyme 5-alpha Reductase. This enzyme
20 catalyzes the metabolic conversion of testosterone to
21 dihydrotestosterone. Under the trade name Proscar,
22 finasteride has been widely prescribed for the treatment of
23 men with benign prostatic hyperplasia or BPH at a dose of 5
24 milligrams per day.

1 It is estimated that cumulative worldwide use of
2 Proscar now exceeds 3.5 million patient/years. It has been
3 available in the United States since 1992. The very large
4 aggregate experience with Proscar in both marketed and long-
5 term clinical trial use has established the excellent safety
6 profile for finasteride in men at a dose five times that
7 which we are here to discuss today.

8 In today's presentation, we will discuss efficacy
9 and safety data supporting the use of finasteride at a dose
10 of 1 milligram per day for the following indication:
11 Propecia, Merck's trade name for finasteride 1 milligram, is
12 indicated for the treatment of men with male pattern hair
13 loss, also called androgenetic alopecia, to increase hair
14 growth and prevent further hair loss in those men with this
15 condition.

16 Merck has carried out a comprehensive clinical
17 development program to explore the efficacy and safety of
18 finasteride in the treatment of young men with male pattern
19 hair loss. This program encompassed clinical studies which
20 involve more than 3,000 men. The core Phase III program
21 included three large, randomized, double-blind, placebo-
22 controlled clinical trials. Two replicative trials were
23 conducted in men with predominantly vertex hair loss. A
24 third trial was conducted in men with predominantly frontal

1 hair loss in order to confirm therapeutic efficacy
2 throughout the affected scalp.

3 Efficacy was determined using four separate end
4 points which measured different aspects of the response to
5 therapy. These included hair counts and visual assessments
6 of improvement and satisfaction by the patients and
7 investigators. An excellent safety profile, specifically in
8 young men with male pattern hair loss, has been accumulated
9 from approximately 3,000 patient/years of experience in our
10 clinical studies. The advisory committee members have
11 received a background package from Merck Research
12 Laboratories that summarizes a large body of information
13 which we believe demonstrates that finasteride 1 milligram
14 is efficacious and safe for the treatment of men with male
15 pattern hair loss.

16 Following upon this introduction, Dr. Keith
17 Kaufman, leader of our clinical program for Propecia, will
18 next provide you with a comprehensive review of our clinical
19 development program, including the methodologies and results
20 of our most informative studies. Finally, Dr. Elizabeth
21 Stoner will provide concluding remarks. In addition to our
22 speakers, Merck Research Laboratories has brought several
23 consultants to the meeting today. These experts are
24 available to facilitate the advisory committee's discussion

1 and deliberations. They are listed on the next two slides:
2 Dr. Olson from North Carolina; Dr. Price from California;
3 Dr. Rietschel from Louisiana; Dr. Imperato-McGinley from New
4 York; Dr. Cash from Virginia; Dr. McConnell from Texas; Dr.
5 Overstreet from California and Dr. Roland from California.

6 At this time, I would like to turn the podium over
7 to Dr. Kaufman.

8 DR. KAUFMAN: Good morning, ladies and gentlemen,
9 chairman and members of the FDA and the advisory committee.
10 I'm Keith Kaufman, senior director of clinical research in
11 endocrinology and metabolism at Merck Research Laboratories.
12 I was primarily responsible for the majority of the clinical
13 studies to be reviewed today in support of the use of
14 finasteride in the treatment of men with male pattern hair
15 loss.

16 Today, I would like to share with you our work
17 with our patients with androgenetic alopecia, including the
18 rationale for the use of finasteride in men with this
19 condition. I will review the data from our clinical program
20 with emphasis on the efficacy and safety data from the core
21 Phase III studies as well as present analyses of specific
22 safety issues of relevance.

23 In discussing a therapy for male pattern hair
24 loss, it is appropriate to review some general aspects of

1 hair biology. All hair undergoes a process known as
2 cycling. In normal scalp, shown in the upper part of the
3 slide, the hair growth cycle is marked by a long production
4 phase known as anagen followed by a brief transition phase
5 before entering a resting phase known as telogen. Following
6 this resting phase, the hair is shed as a new hair appears
7 in the follicle and begins the cycle again. This hair
8 growth cycle results in the slow turnover of thick, visible
9 terminal hairs.

10 In balding scalp, in men with male pattern hair
11 loss, there is shortening of the length of the production
12 phase of the hair growth cycle. This shortened production
13 phase results in the appearance of thinner, shorter, lighter
14 and less-pigmented hairs. Because the length of the resting
15 phase is unchanged, the overall hair growth cycle is
16 shortened, leading to a higher turnover of smaller, lighter
17 hairs. This shortening of the hair growth cycle
18 characteristic of male pattern hair loss leads to the loss
19 of hair that patients complain of. This is due to
20 replacement of cosmetically-important visible terminal hairs
21 by small, thin, light miniaturized hairs. The progressive
22 loss of visible hair results in what patients perceive as
23 thinning.

24 The high turnover of hairs due to the short cycle

1 results in what patients may perceive as increased shedding.
2 Over time, areas of the scalp become covered with
3 miniaturized hairs, resulting in baldness.

4 A key to the understanding of the pathogenesis of
5 male pattern hair loss came from the observations of James
6 Hamilton, the anatomist, over 50 years ago. Hamilton noted
7 that men who lack testicular hormones did not develop male
8 pattern baldness; administration of testosterone to these
9 men easily produced a classic pattern of scalp hair loss.
10 Thus, based on Hamilton's observations, androgens were
11 established as a causative factor in the development of male
12 pattern hair loss.

13 Some 30 years later, Dr. Juliana Imperato-
14 McGinley, whom we are pleased to have with us today, and
15 others identified patients with a genetic deficiency of the
16 enzyme steroid 5-alpha-Reductase, which catalyzes the
17 conversion of testosterone to dihydrotestosterone. Males
18 with genetic deficiency of 5-alpha-Reductase were born with
19 ambiguous genitalia which virilizes at puberty. As adults,
20 these men have a grossly underdeveloped prostate but are
21 otherwise healthy with normal male libido and bone and
22 muscle mass and sparse facial and body hair. Most
23 importantly for today's presentation, these men appear to be
24 protected against the development of male pattern hair loss.

1 The observation in these men with 5-alpha-
2 Reductase deficiency, as well as other investigations, have
3 resulted in the identification of distinct physiological
4 roles for testosterone compared with those for
5 dihydrotestosterone. Testosterone, the principal androgen
6 in man, is necessary for normal spermatogenesis, bone and
7 muscle mass and male libido and potency.
8 Dihydrotestosterone, or DHT, does not appear to have any
9 essential physiological role in the adult male but is
10 involved in the production of beard and body hair,
11 enlargement of the prostate with age and development of male
12 pattern baldness.

13 Thus, DHT was established as a causative factor in
14 male pattern hair loss as the specific androgen. This
15 suggested that one would be able to treat this condition by
16 reducing DHT by pharmacological means. Recently, two
17 distinct forms or isoenzymes of 5-alpha-Reductase have been
18 identified. Type II 5-alpha-Reductase, shown on the right
19 side of this slide, the enzyme affected in patients with
20 genetic deficiency is, as expected, found in the prostate
21 gland as well as in beard and chest skin. More recently,
22 immunohistochemical localization studies have identified
23 Type II 5-alpha-Reductase within scalp hair follicles.

24 Type I 5-alpha-Reductase, shown on the left, is

1 prominent in sebaceous glands and may play a role in the
2 pathogenesis of acne. Both enzymes are present in the
3 liver, contributing to the pool of circulating DHT.

4 The hair follicle may respond to DHT from both
5 local production and from circulating levels. In the hair
6 follicle, the presence of Type II 5-alpha-Reductase allows
7 for local conversion of testosterone to DHT. Because of the
8 rich capillary beds feeding hair follicles in the scalp,
9 circulating levels of DHT are also likely to play an
10 important role in the pathogenesis of male pattern hair
11 loss.

12 In summary, the rationale for the current clinical
13 development program is based on the following: the androgen
14 basis of male pattern hair loss is clearly established;
15 genetic Type II 5-alpha-Reductase deficiency implicated the
16 specific androgen DHT in pathogenesis, and the Type II 5-
17 alpha-Reductase enzyme has been localized directly to hair
18 follicles.

19 This led to the hypothesis that targeted
20 inhibition of Type II 5-alpha-Reductase, which will inhibit
21 the production of DHT, offers the potential to treat an
22 important causative factor in male pattern hair loss.
23 Decreasing DHT offers the potential to improve hair growth
24 and prevent the continued miniaturization of scalp hair,

1 thus reducing the balding process.

2 Finasteride was a logical choice as a potential
3 therapy for men with androgenetic alopecia. This was based
4 on its being a highly specific Type II 5-alpha-Reductase
5 inhibitor. Finasteride is not an anti-androgen, and it has
6 no affinity for the androgen receptor. Thus, it does not
7 block the beneficial and necessary physiological roles of
8 testosterone when administered to men. Finasteride has also
9 demonstrated efficacy in another DHT-mediated disorder,
10 benign prostatic hyperplasia, and finasteride has an
11 established excellent safety profile in men based on the
12 extensive clinical trial and marketed use of the 5 milligram
13 dose for the treatment of symptomatic benign prostatic
14 hyperplasia, making it appropriate for use in this new
15 cosmetic indication in men.

16 Based on the strong rationale for the use of
17 finasteride, the Phase II program was initiated in men with
18 male pattern hair loss. These initial Phase II studies
19 demonstrated improvement in scalp hair associated with
20 suppression of scalp DHT with finasteride treatment and
21 established the optimal dose of 1 milligram per day in dose
22 ranging studies up to 1 year. The Phase III studies which
23 followed were designed to definitively establish the safety
24 and efficacy of finasteride at the 1 milligram daily dose,

1 and these Phase III trials were additionally supported by
2 specialized safety studies.

3 The predefined hypotheses for the Phase III
4 program were that treatment with finasteride, 1 milligram
5 per day, will improve hair growth in all areas of the scalp
6 affected as assessed by a quantitative increase in hair
7 density and by clinical improvements by three specific
8 measures; that treatment would prevent further hair loss in
9 men with androgenetic alopecia and that treatment would be
10 safe and well-tolerated.

11 The Phase III program consisted of three
12 randomized placebo-controlled studies in men 18 to 41 years
13 of age, all with a diagnosis of androgenetic alopecia. This
14 included the U.S. and international pivotal studies,
15 protocols 087 and 089, which were replicate trials in men
16 with predominantly vertex hair loss and the frontal study
17 which enrolled men with predominantly frontal hair loss.

18 The modified Norwood-Hamilton classification scale
19 of hair loss patterns is displayed on this slide. The entry
20 criteria for the Phase III pivotal and frontal studies were
21 based on this classification system. For the two pivotal
22 studies, men were eligible if they had mild to moderately
23 severe vertex hair loss designated at II vertex, III vertex,
24 IV or V as outlined in this red box. Men were eligible to

1 enroll in the frontal hair loss study if they had mild to
2 moderate frontal thinning regardless of whether they had
3 vertex hair loss based on the entry criteria in the dashed
4 blue line.

5 Together, the Phase III pivotal and frontal
6 studies enrolled a population of men with a broad spectrum
7 of hair loss patterns with significant overlap between the
8 studies. The percent of patients in each of the hair loss
9 categories are shown for each of the three Phase III
10 studies. The two pivotal studies enrolled a similar
11 distribution of hair loss patterns with approximately one-
12 third of patients categorized into the most severe pattern
13 or Grade V.

14 These two pivotal studies, when combined with the
15 frontal study, together incorporated a large number of
16 patients from mild to moderately severe frontal and vertex
17 hair loss with overlap between the different studies
18 consistent with the spectrum of patients seen in clinics
19 seeking treatment.

20 Baseline demographics for this Phase III patient
21 population are summarized on this slide. Men randomized
22 into the three Phase III studies were primarily caucasian
23 with the proportion of black men in the U.S. pivotal study
24 approaching that of the U.S. population. The average age of

1 men in these trials was 32, with an average of 5 to 10 years
2 of hair loss prior to study entry.

3 In the Phase III studies, a comprehensive set of
4 four predefined efficacy endpoints were used to measure
5 response to therapy. These included scalp hair counts and
6 global photographic assessment which were based on
7 photographic methods and investigator clinical assessment
8 and patient self-assessment of changes in scalp hair growth.

9 I will now present the one-year results from the
10 two Phase III pivotal studies in men with predominantly
11 vertex hair loss for each of the four efficacy endpoints. A
12 typical patient from the pivotal studies is shown in this
13 photograph with the anterior portion of the head in the
14 upward part of the slide. In the pivotal studies, hair
15 counts were obtained in a representative area of active hair
16 loss at the anterior leading edge of the vertex thinning
17 area. The center of this hair count area was tattooed at
18 baseline, as in this patient, to ensure accurate
19 relocalization of this area of scalp at each followup
20 measurement.

21 After identification and tattooing of the center
22 of the hair count target area, a one-inch diameter circle of
23 hair was clipped short, as shown in the left panel. This
24 clipped area was then photographed, shown in the middle

1 panel, using the tattoo as center with a preset macro camera
2 system. Enlarged macro photographs, shown on the right,
3 were then reviewed at the central photography center for
4 technical quality.

5 At the end of the study, all hair count macro
6 photographs were converted into dot maps of each visible
7 hair by trained technicians validated for precision who were
8 blinded to patient treatment group and time sequence. Hair
9 counts were obtained from these dot maps using computer-
10 assisted imaging technology.

11 These are two sample macro photographs
12 representing the low and high ends of the range of hair
13 counts observed in the Phase III clinical trials
14 demonstrating the wide quantitative sensitivity of this
15 photographic method of counting hairs. The number of hairs
16 in each of these macro photographs is shown underneath.

17 This pair of macro photographs is from an
18 individual patient taken at baseline on the left and
19 followup on the right. For every patient, analysis of
20 change and hair count was determined at each followup time
21 point compared to baseline, and mean changes were determined
22 for each treatment group. Differences between treatment
23 groups and hair count are demonstrated for the U.S. pivotal
24 study in the left panel and for the international pivotal

1 study in the right panel. The Y axis shows the mean change
2 from baseline and the number of hairs in the representative
3 one-inch diameter circular area, while the X axis shows the
4 time course.

5 The data clearly demonstrate the superiority of
6 treatment with finasteride over placebo. In each study,
7 there was a significant increase from baseline for
8 finasteride at month 6 with further improvement at month 12,
9 while there was a significant loss of hair in the placebo
10 group in each study. The net improvement in hair count in
11 the one-inch diameter circular area for finasteride patients
12 at the end of the 12-month study was 106 hairs in the U.S.
13 study and 107 hairs in the international study, compared to
14 placebo.

15 An alternative way of viewing these hair count
16 data is by displaying the individual hair counts at
17 baseline, shown in the purple dots and at month 12, shown in
18 yellow, for all patients. On the left are the actual
19 baseline and month 12 hair counts for all finasteride
20 patients with the hair count shown on the Y axis. On the
21 right are similar data for placebo patients. In the left
22 panel, the data demonstrate that increases in hair count are
23 observed in the majority of patients on finasteride, and
24 this response is seen regardless of baseline hair count. In

1 the right panel, the majority of patients on placebo are
2 noted to lose hair, with the month 12 value below the purple
3 baseline, consistent with the natural history of male
4 pattern hair loss. Overall, finasteride treatment resulted
5 in a marked shift in the proportion of patients who lost
6 hair compared to baseline based on the hair count measure.

7 In summary, finasteride increased hair count in
8 each of the Phase III studies at 6 months with further
9 improvement at one year. Patients treated with placebo had
10 a decrease in hair count, and a significantly greater
11 proportion of patients on placebo than finasteride lost hair
12 based on the hair count.

13 Hair counts describe quantitative changes in hair
14 density in a defined area. In order to quantitatively
15 describe changes in hair growth at a more global level, we
16 developed a method of assessing patients' scalp hair using
17 standardized clinical photographs. These global clinical
18 photographs were reviewed by an expert panel of
19 dermatologists experienced in the evaluation of scalp hair
20 blinded to treatment group using a standardized seven point
21 rating scale shown on this slide from greatly decreased to
22 greatly increased hair growth centered at no change.

23 Prior to the taking of these global clinical
24 photographs, patients were placed in a stereotactic

1 positioning device with hair combed in a consistent manner,
2 as shown on the left panel. Standardized photographs were
3 taken with preset camera systems using fixed focus lighting
4 and image size to ensure reproducibility of this technique
5 over time.

6 Each expert panel member independently reviewed
7 paired baseline and followup global photographs for each
8 patient, as shown as an example on this slide, under
9 controlled conditions in random sequence blinded to
10 treatment group. The percent of patients in each treatment
11 group rated by the expert panel in each category on the
12 standardized seven-point scale is shown on this graph for
13 the combined pivotal studies. The results of the individual
14 pivotal studies are similar. At month 12, 48 percent of
15 patients on finasteride, shown in the yellow, were rated as
16 slightly, moderately or greatly improved, compared with only
17 7 percent of patients on placebo. The overwhelming majority
18 of placebo patients, 93 percent, were rated as unchanged or
19 worsened, consistent with the natural history of male
20 pattern hair loss, while only 1 percent of finasteride
21 patients were rated as worsened. This shift in the
22 distribution was highly statistically significant in favor
23 of finasteride.

24 I would like to now show you representative

1 photographs of patients in each treatment group rated by the
2 expert panel in each of these categories. For each of these
3 comparisons, the baseline global photograph will be on the
4 left, and the one-year followup photograph will be on the
5 right. This is a patient treated with placebo for one year
6 who was rated as having a moderate decrease in hair growth
7 at the end of the one-year study.

8 This is another placebo patient, again, baseline
9 on the left; the one-year followup photograph on the right,
10 rated as having a slight decrease in hair growth by the
11 expert panel. The next group of patients will all be
12 patients treated with finasteride for one year. This is a
13 patient rated as having no improvement by the expert panel
14 at the end of one year based on global photographs. This is
15 a second patient, again rated as no change in hair growth at
16 the end of one year and a third patient with a broader area
17 of hair loss rated by the panel as having no change at the
18 end of one year.

19 The next series will be patients rated with a
20 slight improvement by the expert panel, again, treated with
21 finasteride for one year. This first patient is rated with
22 a slight increase in hair growth. The second patient, with
23 a somewhat different hair loss pattern, rated with slight
24 improvement at the end of one year and a third patient with

1 a somewhat broader hair loss pattern at baseline rated as
2 slightly improved at the end of one year. I think in
3 addition to the hair that is apparent has improved in the
4 center of this vertex area, this patient also exhibits some
5 efficacy in the frontal area with some additional density
6 compared to the baseline photograph.

7 This is a black patient from the U.S. pivotal
8 trial rated as being slightly improved at the end of one
9 year of finasteride therapy.

10 The next series will be patients rated as
11 moderately improved by the expert panel. This first patient
12 demonstrates significant cosmetic benefit at the end of one
13 year of finasteride therapy; a second patient with blonde
14 hair also demonstrating a moderate improvement at the end of
15 one year of finasteride therapy; and a third patient, again,
16 with a somewhat broader hair loss pattern at baseline, rated
17 as moderately improved by the panel.

18 The next series will be patients rated as greatly
19 improved by the expert panel. The first patient here,
20 filling in in the vertex area after one year; a second
21 example; and a third patient, again, with a broader area of
22 hair loss at baseline rated as greatly improved at the end
23 of one year by the expert panel. This same patient will be
24 shown on the next slide using an alternate view that focuses

1 on changes occurring in the frontal scalp. Now, anterior is
2 down; posterior is at the top of the slide. In this slide,
3 the previous patient has been photographed using a superior
4 frontal view with hair recombined in the center part to
5 demonstrate the change observed in the frontal area between
6 baseline and one year of therapy with finasteride.

7 In summary, global photographic assessment is a
8 precise technique for evaluating cosmetic change in scalp
9 hair. This technique demonstrates a superiority of
10 finasteride over placebo to improve hair growth; provides a
11 visual demonstration of clinical gain or loss and has a
12 minimal placebo effect.

13 Investigators participating in the pivotal trials
14 evaluated overall changes in patient scalp hair at each
15 clinic visit using the same standardized seven-point rating
16 scale used for the global photographic assessment. The
17 results of the investigator's assessment of patient scalp
18 hair from the combined pivotal studies is shown on this
19 graph. Again, the data are highly statistically significant
20 for the shift in distribution in favor of finasteride. By
21 this assessment, two-thirds of finasteride patients, shown
22 in the yellow, were rated as improved by the investigators
23 compared with approximately one-third of placebo patients.

24 In summary, the investigator clinical assessment

1 also demonstrates the superiority of finasteride over
2 placebo to improve hair growth and has a larger placebo
3 effect than seen with global photography.

4 Because male pattern hair loss is a cosmetic
5 condition, patient self-assessment is critical to
6 interpreting the clinical relevance of the improvement in
7 hair counts from the patient's perspective. Patient
8 assessment was by a self-administered validated hair growth
9 questionnaire that consisted of seven questions assessing
10 change from baseline. These included four questions on
11 treatment efficacy and three questions on patient
12 satisfaction with the appearance of their scalp hair.

13 The results of analysis of the patient
14 questionnaire at month 12 are shown for each of the Phase
15 III pivotal studies. For each of the seven questions, the
16 response scale is shown in the parentheses next to the
17 question, and the mean score is shown for each treatment
18 group in each of the two pivotal studies, U.S. and
19 international. For each question at month 12, the data
20 significantly favor finasteride over placebo, and the
21 results are remarkably similar between the two studies. For
22 five of these seven questions, clinical worsening is
23 demonstrated for the placebo group as well in each of the
24 two studies.

1 A more intuitive way of viewing these data is to
2 examine the percent of patients in each treatment group who
3 reported improvement for each of the seven questions. For
4 each of the four questions related to treatment efficacy,
5 size of the bald spot getting smaller, improvement in the
6 appearance of hair, increase in the growth of hair and
7 efficacy in slowing down hair loss, the data significantly
8 favor finasteride over placebo. At month 12, nearly 70
9 percent of finasteride patients reported that treatment was
10 effective in slowing down their hair loss, and over one-half
11 reported that the growth and appearance of their hair had
12 improved.

13 For each of the questions related to patient
14 satisfaction with the appearance of their hair, including
15 satisfaction with the appearance of the frontal hair line,
16 satisfaction with the appearance of the hair on top and
17 satisfaction with the appearance of hair overall, the data
18 again significantly favor finasteride over placebo therapy.
19 By month 12, nearly 40 percent of men on finasteride
20 indicated that they were satisfied with the appearance of
21 their hair overall.

22 In summary, patient self-assessment demonstrates
23 significant improvement for patients on finasteride for each
24 question in each of the Phase III pivotal studies.

1 The results of the Phase III pivotal studies at
2 the end of the first year demonstrate consistent results in
3 determining efficacy of finasteride compared to placebo in
4 each of the four predefined measures. The increases
5 observed in hair count led to clinical improvement by three
6 separate measures, and treatment with placebo led to
7 significant loss of hair.

8 Now, these one-year pivotal studies in men with
9 predominantly vertex hair loss were extended for an
10 additional year as double-blind placebo-controlled studies.
11 The objective of these extension studies was to demonstrate
12 the effects of now 2 years treatment with finasteride,
13 compared with 2 years of treatment with placebo and to
14 demonstrate the effects of withdrawal of therapy with
15 finasteride after one year. The extension studies utilized
16 the identical efficacy measures as used in the first year.

17 The design of these extension studies is shown on
18 this first slide. Most patients originally randomized to
19 finasteride at the beginning of the initial one-year studies
20 were continued on active therapy for an additional year,
21 referred to as the one-milligram/one-milligram group. This
22 was to assess the maintenance of efficacy of continued
23 finasteride therapy out to 2 years. A small percentage of
24 patients originally randomized to finasteride were switched

1 to therapy with placebo to assess the effect of withdrawal
2 of therapy, referred to as the one-milligram/placebo group.

3 The majority of patients originally randomized to
4 placebo were switched to therapy with finasteride in the
5 second year, referred to as the placebo/one-milligram group,
6 to assess reversal of ongoing hair loss after switch to
7 active therapy, and a small percent of the placebo patients
8 originally randomized were continued on placebo therapy to
9 observe the natural history of male pattern hair loss,
10 referred to as the placebo/placebo group.

11 The four treatment groups just described are shown
12 for the change in hair counts from baseline out to month 24
13 on this graph. Patients continued on finasteride out to 2
14 years, the one-milligram/one-milligram group, maintained the
15 improvement in hair counts observed at month 12 while
16 patients on continuous placebo therapy continued to lose
17 hair throughout the 2-year period. Patients who were
18 switched from finasteride to placebo lost the beneficial
19 effect of finasteride seen at month 12 within a year's time
20 while patients switched from placebo to active therapy
21 demonstrated reversal of the hair loss mentioned in the
22 first year.

23 For patient self assessment at the 2 year time
24 point, patients on finasteride continued to improve compared

1 to the results at month 12, while patients on placebo
2 continued to worsen.

3 Global photographic assessment at the 2-year time
4 point demonstrated significant further improvement for
5 patients on finasteride and significant further clinical
6 worsening for patients on placebo. At month 24, two-thirds
7 of finasteride patients were rated by the expert panel as
8 improved compared to approximately half at month 12, and
9 one-third of placebo patients were now rated as clinically
10 worsened, compared to 12 percent at month 12.

11 I would now like to show you examples of the
12 progression of changes in scalp hair in patients as assessed
13 by global photography between the first and second year. In
14 each of these examples, the expert panel reviewed only the
15 paired baseline and followup photographs at either the year
16 one or year two time point and did not actually rate all
17 three at the same time, but I am displaying these in
18 sequence for illustrative purposes. This is a patient on
19 placebo who progressed from having a slight decrease in hair
20 growth at the end of the first year based on the expert
21 panel review to having a moderate decrease in hair growth at
22 the end of year two.

23 This is a patient on placebo who was rated as
24 having no change in the first year and in the second year

1 progresses to a slight decrease in hair growth.

2 The following will be patients treated with
3 finasteride for 2 years continuously. This patient was
4 rated as having no change in hair growth at the end of the
5 first year of finasteride therapy and then progresses and
6 improves to a rating of slightly improved at the end of the
7 second year. Another example of a patient originally in the
8 first year rated with no change in hair growth; with
9 continued finasteride therapy, rated as slightly improved at
10 the end of the second year.

11 This is a patient rated with slight improvement at
12 the end of the first year of finasteride therapy who
13 progresses to a rating of moderate improvement at the end of
14 the second year.

15 A second patient rated with slight improvement at
16 the end of the first year who progresses to moderate
17 improvement at the end of the second year. This patient was
18 rated as moderately improved at the end of the first year
19 and progresses to great improvement at the end of the second
20 year. A second patient rated moderately improved at the end
21 of the first year progressing to great improvement at the
22 end of the second year. The next two patients will be
23 patients who are rated as greatly improved at the end of the
24 first year, which is at the end of the positive response

1 scale and, therefore, great improvement is the highest
2 rating that can be obtained in the second year as well. I'm
3 showing these to demonstrate the maintenance of the
4 improvement seen in the first year out to the second year.

5 To summarize the efficacy of finasteride at the
6 end of the second year from the extension study data,
7 maintenance of efficacy was clearly demonstrated between the
8 first and the second year in all predefined efficacy
9 measures. Significant further clinical improvement was
10 observed by global photographic assessment in the second
11 year compared to the data at year one. Treatment with
12 placebo led to progressive hair loss for patients continued
13 on that therapy for 2 years based on continuing decline in
14 hair count and continued clinical worsening by global
15 photographic assessment.

16 A further objective of the Phase III studies was
17 to confirm that treatment with finasteride prevented further
18 hair loss in men with a diagnosis of androgenetic alopecia.
19 The ability of finasteride to prevent further hair loss in
20 these patients was demonstrated by a number of clinical
21 observations from the studies that I've just described to
22 you. Finasteride was superior to placebo in slowing down
23 hair loss based on this question in the patient self-
24 assessment questionnaire. Finasteride prevented the hair

1 loss seen in hair counts in the parallel placebo groups in
2 each of the two pivotal studies.

3 Finasteride reversed the hair loss seen in hair
4 counts in the placebo group, which was switched to active
5 therapy in the second year, and additionally, there is
6 histological evidence of the reversal of the balding process
7 from scalp biopsies in patients in the trial.

8 Scalp biopsies were obtained in a cohort of men in
9 the U.S. Phase III pivotal study. Four-millimeter diameter
10 punch biopsies were taken adjacent to the hair count area at
11 baseline and at study end one year. Biopsies were sectioned
12 horizontally and read blinded for the determination of
13 terminal and miniaturized hairs. These data demonstrate
14 that finasteride effectively reversed the otherwise ongoing
15 miniaturization process characteristic of androgenetic
16 alopecia. This is demonstrated by an increase in the number
17 of terminal hairs between baseline and month 12 in
18 finasteride patients and a decrease in the number of
19 miniaturized hairs in these patients, while placebo patients
20 had no significant change.

21 So, to summarize in this schematic, the effect of
22 finasteride on scalp hair follicles can be described in the
23 following manner: by blocking the conversion of
24 testosterone to dihydrotestosterone, finasteride is able to

1 treat male pattern hair loss by recruiting short, fine,
2 hypopigmented miniaturized hairs to become long, thick,
3 pigmented, terminal hairs as evidenced by the increases seen
4 in hair counts, the improvements that patients and
5 investigators observe and by the changes easily observed in
6 the clinical global photographs.

7 At the same time, inhibition of DHT formation
8 achieves prevention of the ongoing miniaturization process
9 such that long, thick, pigmented, terminal hairs in
10 androgen-sensitive regions no longer are acted upon by DHT
11 to become miniaturized but are preserved in patients on
12 continuous therapy.

13 I will now review the results of the third Phase
14 III study, the frontal hair loss study. This study was
15 similar in design to the pivotal studies in men with
16 predominantly vertex hair loss except that hair counts were
17 obtained in a one-centimeter squared circular area in the
18 frontal scalp instead of the one-inch diameter circular area
19 of the vertex scalp, as in the pivotal studies.

20 Additionally, global photographic assessment was based on
21 the superior frontal view as opposed to the vertex view.

22 For patients in the frontal study, hair counts
23 were obtained in a representative area of the frontal
24 thinning scalp. As in the pivotal studies, the center of

1 this target area was tattooed at baseline to ensure accurate
2 relocation of the same area at followup visits. The
3 hair count macro photograph shown on the slide used in the
4 frontal study used a smaller, one-centimeter squared,
5 template which is approximately one-fifth the area of the
6 one-inch diameter circle used in the pivotal studies. This
7 smaller hair count area was chosen for the frontal study for
8 patient acceptability.

9 The mean changes for hair count in the smaller,
10 one-centimeter squared circle in the frontal area are shown
11 on this graph. Treatment with finasteride resulted in a
12 significant increase in hair at both months 6 and 12, while
13 treatment with placebo resulted in loss of hair. The net
14 improvement for finasteride patients at the 12-month time
15 point was 12 hairs in the one-centimeter squared circle,
16 which, for comparison to the vertex studies, can be
17 multiplied by five for an approximate equivalent net
18 increase of 60 hairs compared to placebo.

19 The results of the patient self assessment from
20 the frontal hair loss study at month 12 are shown on this
21 slide. These data demonstrate significantly greater
22 efficacy for finasteride over placebo for each question, and
23 these results are similar to the results seen in the two
24 pivotal studies at the same time point.

1 In the frontal hair loss study, global
2 photographic assessment was done using a superior frontal
3 view to image the area of frontal thinning. As in the
4 pivotal studies, patients were placed in a stereotactic
5 device for consistent positioning as shown on the left, and
6 baseline and post-treatment global photographs were reviewed
7 by a separate expert panel. As with the pivotal studies, I
8 would like to show you a few examples of representative
9 patient photographs illustrating the changes seen in global
10 photography for patients in this study. This is a patient
11 on placebo; baseline on the left; one-year photograph on the
12 right who is rated with a slight decrease in hair growth by
13 the expert panel.

14 This is a patient on finasteride rated as having
15 no change at the end of one year. This is a patient on
16 finasteride who was rated as having a slight improvement
17 based on this superior frontal view at the end of one year
18 by the expert panel; a second patient rated as slightly
19 improved by the expert panel at the end of the year of
20 finasteride therapy; and a patient rated as moderately
21 improved by the expert panel after one year of finasteride
22 therapy.

23 To summarize the efficacy results from the overall
24 Phase III program, all primary and secondary endpoints were

1 highly positive in favor of finasteride in each of the three
2 studies. Efficacy was demonstrated in both vertex and
3 frontal scalp. The 2-year data from the placebo controlled
4 extension studies demonstrated maintenance of the
5 improvements in hair counts seen in the first year and
6 further clinical improvement by global photographic
7 assessment. The significant further clinical improvement in
8 global photographic assessment in the second year, while
9 hair count was not changing, supports that continued
10 treatment with finasteride resulted in improvement in the
11 quality of hair.

12 Treatment with finasteride, a specific Type II 5-
13 alpha-Reductase inhibitor, increased hair growth in both
14 vertex and frontal scalp, prevented further hair loss in
15 balding men and interrupted the progression of the balding
16 process. These results confirm the central role of DHT in
17 the pathophysiology of male pattern hair loss in men.

18 I will now review the safety data supporting the
19 use of finasteride in men with male pattern hair loss from
20 the same clinical trials. Safety data supporting the
21 current development program derived from evaluation of over
22 3,200 men with nearly 3,000 patient-years of exposure to
23 finasteride at a dose of one milligram per day or greater.
24 In addition to general clinical and laboratory evaluations,

1 specific studies were conducted as part of the clinical
2 development program to evaluate potential pharmacological
3 effects of finasteride in this young patient population.
4 The safety profile of finasteride is also supported by the
5 extensive experience from long-term clinical trials and over
6 5 years' marketed experience with finasteride 5 milligrams
7 in older men with benign prostatic hyperplasia.

8 The average duration of exposure for the 1,879 men
9 participating in the three one-year Phase III studies was
10 just under one year. The overall clinical adverse
11 experience summary for the three Phase III studies is listed
12 on this table. For each treatment group, approximately
13 equal numbers of patients reported an adverse experience.
14 Drug-related adverse events were reported by 7 percent of
15 patients on placebo and 7.7 percent of patients on
16 finasteride. Serious adverse events were reported in
17 approximately 2 percent of patients in each treatment group.
18 One death was reported in a patient in the finasteride group
19 due to trauma. The discontinuation rate due to an adverse
20 event was low and balanced between the treatment groups.

21 Only three drug-related clinical adverse
22 experiences were reported by at least 1 percent of men in
23 either treatment group in these Phase III studies. These
24 were decreased libido, erectile dysfunction and ejaculation

1 disorder. The majority of men reporting ejaculation
2 disorder actually reported decreases in ejaculate volume.
3 Each of these three adverse events occurred in under 2
4 percent of men, but they were slightly more frequent on
5 finasteride than on placebo.

6 3.8 percent of finasteride patients versus 2.1
7 percent of placebo patients reported any sexually-related
8 adverse experience, and this achieved statistical
9 significance. In approximately one-third of these patients,
10 these adverse events resulted in discontinuation from the
11 study.

12 We attempted to obtain followup on all patients
13 reporting sexually-related adverse experiences. Of the 36
14 patients on finasteride reporting these adverse experiences,
15 21 reported resolution of the adverse event while continuing
16 finasteride therapy. Seven reported resolution following
17 discontinuation from the study, and seven had persistence of
18 the adverse event while continuing in the study on
19 finasteride therapy. The pattern for patients on placebo
20 was essentially similar, with most patients resolving either
21 on or off drug, four patients reported persistence of the
22 adverse event while remaining on placebo therapy.

23 To further explore the impact of this low
24 incidence of sexually-related adverse experiences, all

1 patients completed a validated sexual function
2 questionnaire. This consisted of four domains: sexual
3 interest, erections, ejaculation and perception of problems
4 and a global question regarding the patient's overall
5 satisfaction with their sex life, as shown on the left side
6 of this graph. The results for all patients at month 12 are
7 shown on the left and for those reporting sexually-related
8 adverse events in the trials, the changes are shown on the
9 right-hand panel.

10 For the all patients analysis, as shown on the
11 left, the results at month 12 demonstrate that finasteride
12 produced slight but significant movement on the response
13 scale for some of these domains. However, these small
14 changes were not associated with any differences between
15 treatment groups in the patients' overall satisfaction with
16 their sex life. Moreover, these small changes were five to
17 tenfold smaller than the changes seen for patients who
18 reported sexual adverse experiences.

19 In summary, sexually-related clinical adverse
20 experiences occurred at a low incidence, slightly more often
21 for finasteride than placebo patients. These side effects
22 resolved in men who discontinued therapy and in many who
23 continued treatment with finasteride. Analysis of the
24 validated sexual function questionnaire demonstrated that

1 overall patient satisfaction with their sex life is not
2 affected by finasteride therapy.

3 As part of the clinical development program, we
4 conducted an extensive analysis of the hormonal effects of
5 finasteride one milligram in this patient population. As
6 anticipated, finasteride markedly reduced scalp and serum
7 dihydrotestosterone. Circulating testosterone was
8 maintained with a small increase from baseline that remained
9 within the normal range, and these changes in DHT and
10 testosterone had no effect on the pituitary gonadotropins LH
11 and FSH. A small increase in serum estradiol was also
12 observed which was similar to and correlated with the
13 increase seen in serum testosterone.

14 These parallel small increases in serum
15 testosterone and estradiol resulted in no alteration in the
16 ratio of testosterone to estradiol in treated subjects.
17 Lastly, finasteride 1 milligram did not alter serum
18 prolactin levels from baseline.

19 Based on the hormonal pattern observed as well as
20 data from the postmarketing experience in older patients
21 with finasteride 5 milligrams, we carefully evaluated any
22 reports of adverse experiences related to the breast. In
23 Phase III, there were four such reports related to the
24 breast in each of the two treatment groups for an equal

1 incidence of 0.4 percent. For all four patients on
2 finasteride, resolution of these adverse experiences related
3 to the breast occurred while they remained on finasteride.

4 As outlined in your background package, a specific
5 safety study in 181 normal male volunteers was conducted to
6 evaluate other potential effects of finasteride in men in
7 this age group. The data from this study demonstrated that
8 finasteride, 1 milligram per day for 48 weeks, produced an
9 anticipated but small decrease in prostate volume and serum
10 PSA.

11 To assess for any subtle effects of finasteride 1
12 milligram on male fertility, a cohort of 79 men underwent
13 standardized, quality controlled semen analyses at baseline
14 and every 24 weeks. After 48 weeks of treatment or four
15 complete spermatogenic cycles, no effects on semen
16 production or spermatogenesis were observed for any of the
17 standardized semen analysis parameters. In a separate
18 cohort of 82 men, treatment with finasteride resulted in no
19 deleterious effects on bone, based on measurements of both
20 bone mineral density and markers of bone turnover. Lastly,
21 finasteride treatment had no effect on the fasting lipid
22 profile.

23 To summarize the safety profile of finasteride 1
24 milligram in men with male pattern hair loss, finasteride

1 was very well tolerated by men in these trials.
2 Discontinuation rate was under 2 percent for drug-related
3 adverse experiences. A small number of men experienced a
4 drug-related sexual adverse experience, less than 4 percent
5 on finasteride and roughly 2 percent on placebo. These
6 adverse experiences often resolved with continued therapy
7 and resolve in men who discontinue therapy with drug. No
8 evidence of an increase in adverse experiences has been
9 observed in continued surveillance in our longer-term
10 extension studies.

11 To conclude, the goal of therapy for men with male
12 pattern hair loss is to improve the appearance of scalp hair
13 and prevent the continued loss of hair. Finasteride
14 treatment leads to significant increases in hair count and
15 clinical improvements confirmed by patients, investigators
16 and by an expert panel of dermatologists reviewing patient
17 photographs. The durability of these effects are
18 demonstrated in 2-year double-blind and 3-year open
19 extension studies, and the excellent safety profile
20 demonstrated makes the drug appropriate for its intended
21 use.

22 Finasteride 1 milligram offers a new, safe
23 therapeutic modality for the treatment of men with male
24 pattern hair loss. Thank you.

1 DR. MCGUIRE: Let's have the lights, please.

2 Dr. Kaufman, I would like to have questions from
3 the advisory committee now, and if we can postpone the next
4 presentation for just a few minutes.

5 Does anyone from the committee have questions?

6 Dr. Parker?

7 DR. PARKER: I was wondering if--I realize you've
8 looked at a number of different parameters, but in some of
9 those pictures, does it matter what the hair color of the
10 patient might be or recent haircuts or how they do their
11 hair or things of that sort?

12 DR. KAUFMAN: The question has to do with the
13 review of the photographs particularly and whether the
14 patient's haircutting, hairstyling might have an influence.
15 As part of a requirement for enrollment in the studies,
16 patients were instructed to maintain the same hairstyle
17 throughout the study and to avoid a crew cut or anything
18 else that would adversely impact on photographic
19 assessments. In general, patients were not specifically
20 instructed as to when to have their hair cut, but this would
21 apply to each of the two treatment groups equally. The
22 issue of hair color, it's worth pointing out that in the
23 global photographs that I've shown you today, the cameras
24 are automated such that the hair color in general will look

1 darker for a patient with lighter hair and will look lighter
2 for a patient with darker hair based on automated exposure.

3 We do have examples of patients, clearly, who have
4 blonde hair and red hair as well as black hair or brown
5 hair, but the overwhelming majority of patients did have
6 dark hair. There is no evidence that the hair color had an
7 impact on the efficacy, as rated by global photography.

8 DR. MCGUIRE: Dr. Kilpatrick?

9 DR. KILPATRICK: I'd still like to stay with the
10 photographs. With regard to the frontal hair loss
11 photographs, I think I'm correct in saying that you showed
12 us one photograph of a placebo-treated patient. Can you
13 tell us again what the conclusion was after--was that after
14 12 months?

15 DR. KAUFMAN: Yes, that was after 12 months.

16 DR. KILPATRICK: What was the conclusion?

17 DR. KAUFMAN: A slight decrease in hair growth in
18 that patient from the frontal hair loss study.

19 DR. KILPATRICK: Were there any instances in that
20 study of patients under placebo who showed no change or an
21 increase in hair?

22 DR. KAUFMAN: Yes; the majority of placebo
23 patients in both the frontal hair loss study as well as in
24 the pivotal vertex studies were rated with no change at the

1 end of a year, consistent with the slow progression of hair
2 loss in patients with androgenetic alopecia.

3 DR. KILPATRICK: Can you put a figure on that
4 percentage?

5 DR. KAUFMAN: For patients in the vertex studies,
6 85 percent of placebo patients were rated as unchanged at
7 the end of the first year of therapy.

8 DR. KILPATRICK: For patients in the frontal hair
9 loss?

10 VOICE: Eighty-five percent of the placebo
11 subjects were unchanged.

12 DR. KAUFMAN: It's the same number. Eighty-five
13 percent of patients in the frontal hair loss study on
14 placebo were rated as unchanged at the end of one year by
15 the global photographic panel.

16 DR. KILPATRICK: As I've indicated before, I'm not
17 a clinician, so, I would like to ask perhaps one of your
18 consultants about the natural history of this type of hair
19 loss. It seems to be an implicit assumption that there is a
20 continuous progression of hair loss. Is this true, or is
21 there a cycle? Is it a change, or do people, as I'm
22 manifesting myself at my advanced age, losing hair
23 progressively?

24 DR. KAUFMAN: If I could respond to that

1 initially, I think it's fair to say there is a fair amount
2 of biological variability as far as hair loss is concerned,
3 and the rate of progression in individual patients, of
4 course, can be very variable. I think on average, as
5 demonstrated from the clinical trials, that rate of
6 progression is fairly slow, as evidenced both by the amount
7 of hair loss seen in the placebo group at the end of one and
8 two years, roughly 20 to 30 hairs in the vertex area lost
9 per year and by the large percentage of patients rated as
10 unchanged at the end of a year by the global photographic
11 panel.

12 However, the 2-year data do demonstrate the
13 further progression such that the changes seen at 2 years
14 would be expected in placebo patients to demonstrate further
15 worsening, meaning that patients would be rated as worsened
16 by the global panel more frequently in the second year than
17 in the first.

18 DR. KILPATRICK: Thank you, sir.

19 DR. MCGUIRE: Dr. Tschen?

20 DR. TSCHEN: I'd like to know what was the minimal
21 and then the average time to start seeing response, and this
22 is mainly if I'm going to prescribe this, how long will I
23 need to prescribe it to start seeing some improvement or
24 changes?

1 DR. KAUFMAN: In your background package, we
2 provided the time course for most of the endpoints such that
3 even as early as 3 months, patients, for instance, and
4 investigators were able to observe significant improvement
5 for finasteride patients compared with placebo patients.
6 So, both the patients themselves can see improvement within
7 3 and 6 months, and the investigators and the global
8 photographic assessments also were positive as well as the
9 hair counts at 6 months. So, I think in general, 3 months
10 or more, based on the clinical trial data, is a reasonable
11 estimate in terms of the length of time that patients would
12 be expected to continue treatment before anticipating either
13 the prevention of further hair loss or the improvement in
14 hair growth.

15 DR. MCGUIRE: Dr. Lim?

16 DR. LIM: Dr. Kaufman, I have two questions. The
17 first one: are there any biochemical markers that would be
18 able to predict the response among patients who are going to
19 respond or among patients who are not going to respond? The
20 second question is in terms of the number of patients who
21 completed the study. You have mentioned about 3,200
22 patients to start. How many patients actually completed the
23 entire study?

24 DR. KAUFMAN: The first question--excuse me; could

1 you repeat the first question?

2 DR. LIM: Any biochemical markers.

3 DR. KAUFMAN: Oh, yes, the first question had to
4 do with biochemical markers that might predict which
5 patients would have a better response than others. We've
6 actually looked at this very carefully, mainly looking at
7 any baseline and followup hormonal parameters that might
8 dictate which patients respond better than others, and we
9 have not been able to identify anything in the serum.

10 We have also looked at baseline demographic data
11 to try to identify which patients may or may not respond
12 better, and based on those subgroup analyses, it's fairly
13 clear that patients, regardless of their baseline hair
14 count, whether it's low or high, regardless of their hair
15 loss pattern, whether it's mild or severe, and regardless of
16 their age or the number of years that they have been losing
17 hair, all of those subgroups clearly respond compared to
18 therapy with placebo.

19 In response to your second question, which was--

20 DR. TSCHEN: How many patients did the--

21 DR. KAUFMAN: Oh, how many patients completed the
22 trials. In the Phase III trials, the 1,879 men, roughly 85
23 percent of the patients completed the one-year studies.

24 DR. TSCHEN: Those who did not complete, what was

1 the reason for them not completing?

2 DR. KAUFMAN: The major reason why patients didn't
3 complete the study was lost to followup. They did not
4 return to the clinic at the appropriate visit time, and they
5 were never able to be identified in terms of the specific
6 reasons why they discontinued from the trial, and they are
7 listed as lost to followup.

8 DR. MCGUIRE: Mrs. Cohen?

9 MS. COHEN: I have really kind of several
10 questions. Why were not Asians and Hispanics included in
11 your study?

12 DR. KAUFMAN: Excuse me; the question was why
13 weren't Asians and Hispanics included in the study.

14 MS. COHEN: Yes.

15 DR. KAUFMAN: They were included in the study.

16 MS. COHEN: But you only showed two examples.

17 DR. KAUFMAN: Yes; that is correct. The
18 percentage of patients in each of the other ethnic
19 subcategories was relatively modest, as you can imagine,
20 based on the percentage of patients who were caucasian. We,
21 of course, did not restrict entry based on any ethnic
22 criteria. The percentage of patients in other ethnic groups
23 besides caucasians and blacks, was on the order of 5 percent
24 for any individual group, and those data were provided in

1 the clinical study reports that were given to the agency in
2 terms of the breakdown for Hispanics and Asians and then a
3 group just referred to as other.

4 MS. COHEN: Did you do--since some heart
5 medication does lower libidos, were any of these in your
6 trial taking other medications? And what happened?

7 DR. KAUFMAN: There were concomitant medications
8 in use in some of these patients who reported sexual adverse
9 experiences, but based on the case report form data given to
10 us, the data that I have shown you is for those that were
11 considered related to the therapy in the study, meaning
12 either finasteride or placebo.

13 MS. COHEN: But of those examples you showed, were
14 they taking other medications in conjunction with this? Or
15 were they not taking any medication? I guess I'm trying to
16 figure out what your criteria were for choosing the specific
17 people for the study.

18 DR. KAUFMAN: Oh, as far as entry criteria were
19 concerned, there were a number of medications that patients
20 were excluded from using; obviously, topical minoxidil and a
21 number of agents that might affect hair growth or agents
22 that have specific effects on sexual function, since this
23 would interfere with our ability to review the sexually-
24 related adverse experience profile due to confounding

1 concomitant medications.

2 MS. COHEN: Well, that, in itself, is an answer
3 for people who are taking certain kinds of medication. That
4 concerns me because I don't know how much you're going to
5 continue to look at this and what kind of information you
6 will give the consumer.

7 Also, in one slide you showed, and I'll hold it
8 up--

9 DR. KAUFMAN: Yes.

10 MS. COHEN: --how did you decide to draw the line
11 here and the line there?

12 DR. KAUFMAN: Oh, could I have the first tray,
13 slide number 28?

14 [Pause.]

15 DR. KAUFMAN: Mrs. Cohen is asking why we decided
16 to draw the line here. All that's plotted here is in this
17 purple line, which is really a collection of, in this case,
18 679 baseline values for patients on finasteride and 672
19 datapoints for patients on placebo. This is just the
20 specific baseline hair count for each of those patients, and
21 we've simply listed them in numerical order just for
22 convenience. I mean, there isn't anything special about the
23 shape of this curve other than the fact that what you can
24 see is that there is a broad and fairly equal distribution

1 between low and high based on hair counts for patients in
2 the trial, and the average is 876 hairs in the two groups.

3 MS. COHEN: I have problems with the line, to tell
4 you the truth.

5 What about genetic predisposition, families where
6 hair thins?

7 DR. KAUFMAN: The question, I believe, is what
8 about family history of male pattern baldness, and how did
9 that impact on the patients. We, again, looked at that
10 specifically in subgroup analyses both for patients who
11 reported that their primary family members, that is, their
12 parents and siblings, had hair loss as well as their
13 secondary family members, that is, the grandparents, and we
14 did not detect any specific trends in the data with respect
15 to whether patients reported that they had positive or
16 negative family histories.

17 MS. COHEN: Wouldn't that be beneficial for you to
18 find out exactly what it does do with genetic predisposition
19 in the sample?

20 DR. KAUFMAN: The question was would it be useful
21 if we knew about the genetic predisposition. I think for
22 the men who have androgenetic alopecia, they already have a
23 genetic predisposition to develop male pattern hair loss,
24 since men, in general, have equal amounts of androgens in

1 the circulation. They may have an increased sensitivity to
2 the effects of androgens on hair follicles.

3 MS. COHEN: Thank you very much.

4 DR. MCGUIRE: Dr. Duvic?

5 DR. DUVIC: Dr. Kaufman, my question relates to
6 this graph of the hair count and the one-inch diameter
7 circle among crossover patients.

8 DR. KAUFMAN: Yes.

9 DR. DUVIC: And in the one-milligram/one-milligram
10 group at 12 months to 24 months, there seems to be a plateau
11 that occurs; yet, you show pictures of patients continuing
12 to approve that's not reflected in the curve that you have
13 drawn. I wonder if you have an explanation for this
14 plateau. You're going to give a drug to people who are
15 going to take it for 20 years. Yet, your data shows no
16 benefit beyond 12 months. If you would comment on that,
17 please.

18 DR. MCGUIRE: Could we speak from the slide?

19 DR. KAUFMAN: Sure; it's the second tray; it's
20 slide number 4, yes.

21 The question has to do with the patients continued
22 on finasteride therapy out to 2 years, and there is
23 maintenance of the increase in hair counts seen at the end
24 of the first year at the second year, and the questioner

1 referred to it as a plateau. Yet, we see further
2 improvement in global photography between year one and year
3 two, and I think the comment was made that patients may take
4 this for more than one or two years, and yet, they don't
5 have any additional benefit.

6 I think I would question that last comment about
7 no additional benefit. It's true that the hair counts are
8 essentially the same for the treatment group at 1 year and
9 at 2 years, but the other efficacy measures do demonstrate
10 further clinical improvement, which does suggest that the
11 quality of this newly-grown hair and the quality of the hair
12 on the scalp overall may be continuing to improve between
13 the first and the second year, despite the plateau and the
14 hair count, and recall that the hair count is obtained in a
15 circumscribed but representative area, a one-inch diameter
16 circle on the scalp. The global photography, the patient
17 assessment and the investigator assessment are really
18 evaluating the whole scalp.

19 So, I think it's fair to say that the other
20 endpoints support that there's additional clinical benefit
21 between the first and the second year with continued
22 therapy, even though the hair count has plateaued between
23 the first and second year.

24 DR. PARKER: Do the hair biopsies show any

1 difference between 12 months and 24 months?

2 DR. KAUFMAN: The question was whether the scalp
3 biopsies show any difference between the first and the
4 second year. Unfortunately, as you may imagine, it was
5 rather difficult to get patients to consent to having
6 biopsies done at baseline at the end of the first year, and
7 we do not have biopsy data in the second year.

8 DR. MCGUIRE: Dr. Orkin?

9 DR. ORKIN: Dr. Kaufman, in those that did not
10 continue, the percentage that stopped from the program, what
11 percentage of those were on placebo as compared to the
12 therapy?

13 DR. KAUFMAN: The question was of the patients who
14 discontinued from the studies, what were the relevant
15 percentages of patients on finasteride and placebo? In the
16 Phase III trials, approximately 15 percent of the patients
17 discontinued, and it was essentially the same, whether they
18 were on finasteride or placebo; in other words, about 15
19 percent of each treatment group discontinued in the first
20 year of the Phase III trials.

21 DR. ORKIN: One wonders if, on the placebo, the
22 continuation, if some of them discontinued because of
23 continued hair loss, but perhaps you don't have that
24 information.

1 DR. KAUFMAN: Actually, we have looked at the
2 difference between patients who at least either dropped out
3 of the study or who elected not to enter the extension study
4 for a second year compared to those patients who did, and
5 with respect to placebo patients, there is a numerical but
6 not statistically significant difference due to the small
7 sample size of the 2-year placebo group--it's about 50
8 patients--showing that patients who elected not to enter the
9 extension studies did a little bit worse in the first year
10 compared to the second year, but the sample size was too
11 small to draw a statistical conclusion.

12 DR. MCGUIRE: Ms. Cohen?

13 MS. COHEN: Would you allow a little levity? This
14 is an article that the Office of Consumer Affairs gave me,
15 and it was in USA Today, and it talks about the medication:
16 the results will show the pill stops hair loss, grows new
17 hair in 86 percent of the men versus 42 percent who took a
18 dummy pill. What is the dummy pill?

19 DR. KAUFMAN: The dummy pill was placebo, I
20 assume.

21 MS. COHEN: I thought so, but it struck me very
22 funny.

23 [Laughter.]

24 DR. MCGUIRE: Okay; Susan, I expect more from you

1 than that.

2 [Laughter.]

3 MS. COHEN: You're one up on me, Joe.

4 [Laughter.]

5 DR. MCGUIRE: I was interested in the global
6 reduction in DHT. Was there any relationship between the
7 nonresponders and the reduction in DHT in those individual
8 patients?

9 DR. KAUFMAN: We have looked at that early on in
10 our Phase II experience, and we have not found a
11 relationship between the percent reduction in DHT, the
12 baseline level of DHT or testosterone, for that matter, and
13 any of the efficacy variables that holds up.

14 DR. MCGUIRE: Dr. Mindel?

15 DR. MINDEL: The drug has an effect on the
16 prostate and the prostate fluid. Is there any evidence of
17 what the effect is on male fertility? You've told all the
18 other hormones and sperm and volume, but the end result,
19 male fertility, has that been looked at?

20 DR. KAUFMAN: The question has to do with
21 evaluation of male fertility. As I indicated, we've done
22 extensive studies looking at semen analysis, which is a
23 useful marker for looking at any subtle changes that might
24 produce any alterations in male fertility. We obviously

1 have not done a specific fertility study. I think it's
2 appropriate to say, though, that based on the wealth of
3 animal preclinical data, which demonstrates that there is no
4 effect on fertility in animals treated lifelong with chronic
5 high-dose finasteride, based on the semen studies, as I've
6 indicated, showing no effect of the 1-milligram dose over
7 four spermatogenic cycles and based on the limited data that
8 we have on pregnancies that occurred in the clinical trials,
9 which actually were more frequent for patients on
10 finasteride than on placebo, there is no evidence to support
11 that finasteride would have any effect on male fertility.

12 DR. MINDEL: I would have thought that it would
13 have been relatively easy to have maybe even just done a
14 questionnaire of the males taking the drug, whether they had
15 tried to produce children, placebo versus nonplacebo and
16 have gotten really a more definitive answer to this.

17 DR. KAUFMAN: I think that in general, at the
18 initiation of some of these trials, there were still issues
19 that may have prohibited patients from fathering children
20 during the clinical trials due to a previous concern about
21 finasteride appearing in the semen. I think that that would
22 have made it more difficult for us to observe pregnancies in
23 these clinical trials.

24 I think that the issue, though, is that most of

1 these men were not deliberately trying to father children
2 during the one or two year course of these clinical trials,
3 and we presumably would hear if there were difficulties such
4 as infertility as adverse experiences if they were thought
5 that they were related to the study drug, and we have not
6 received those reports.

7 DR. MCGUIRE: I don't recall; I think it's
8 probably in the briefing book, but was sperm motility one of
9 the measurements of the semen analysis?

10 DR. KAUFMAN: Yes, it was.

11 DR. MCGUIRE: Dr. Simmons-O'Brien?

12 DR. SIMMONS-O'BRIEN: Dr. Kaufman, I have two
13 questions: did the patients fill out at baseline a sexual
14 function questionnaire?

15 DR. KAUFMAN: Yes, they did.

16 DR. SIMMONS-O'BRIEN: And every time the patients
17 were checked and monitored, did they have to go through a
18 whole point checklist in terms of sexual function at that
19 particular visit?

20 DR. KAUFMAN: They would fill out the sexual
21 function questionnaire at every visit.

22 DR. SIMMONS-O'BRIEN: At every visit?

23 DR. KAUFMAN: Yes.

24 DR. SIMMONS-O'BRIEN: In any of the groups, was

1 there a noticeable increase or decrease in their sexual
2 activity over the period that they were on the medication?
3 And did you advise--was there any advice on the men to use
4 condoms?

5 DR. KAUFMAN: The sexual function questionnaire in
6 the slide that I showed previously did show small but
7 statistically significant changes between the two treatment
8 groups but no effect on the patients' overall satisfaction
9 with their sex life, and the changes that were seen were
10 very small compared to patients who clinically had an
11 adverse event related to sexual function.

12 I think it's fair to say that there are sporadic
13 reports of patients who actually report increased libido as
14 well as decreased libido on finasteride, and the last part
15 of your question was whether we recommended that patients
16 use condoms. In the Phase III trials, patients were just
17 discontinued if they fathered a child, pending additional
18 animal safety data which confirmed that exposure of women to
19 finasteride through semen was not a risk to the human fetus.

20 DR. SIMMONS-O'BRIEN: Okay; and I just have one
21 more question. In the breast-related experiences in the
22 Phase III controlled trial, you have increased gynecomastia.

23 DR. KAUFMAN: Yes.

24 DR. SIMMONS-O'BRIEN: What was your percentage of

1 gynecomastia in the Phase II?

2 DR. KAUFMAN: Yes; could I have the slide which
3 shows the gynecomastia in Phase II and Phase III? This
4 shows all of the reports of breast-related clinical adverse
5 experiences by dose in both Phase III and Phase II, so, the
6 combined experience. As you recall, for the placebo group
7 in the Phase III experience, there were four cases. So,
8 those were shown here. Four of the finasteride 1 milligram
9 cases are shown here from the Phase III experience, and the
10 remainder of these are from the Phase II experience at a
11 variety of doses.

12 DR. MCGUIRE: Dr. Miler?

13 DR. MILLER: I have a question about the efficacy
14 frontal versus vertex. It appears that the vertex--it was
15 clearly more efficacious on the vertex if you took hair
16 counts. I think it was 107, and the difference in the
17 frontal area was 59. You have fewer patients with the
18 frontal evaluations, and yet, when patients present, the
19 vast majority present with frontal hair loss, the vertex is
20 a problem but not nearly the problem that the frontal loss
21 is. So, I'd ask you why the difference in response between
22 vertex and frontal and then, why your emphasis on vertex
23 when the frontal is really the area that's more important.

24 DR. KAUFMAN: The question has to do with the

1 relative efficacy demonstrated in the frontal hair loss
2 study compared with the efficacy in the vertex studies. I
3 think that the hair count data in the frontal study, as you
4 commented, does show less of an increase from baseline or
5 less of a large treatment effect compared with the vertex
6 studies. But it's worth recalling that the area sampled in
7 the frontal hair loss study is within the frontal thinning
8 area. It is not at the anterior leading edge of active hair
9 loss, as in the vertex study. So, there may be a sampling
10 bias related to those two studies that impacts on the change
11 from baseline and hair counts.

12 In addition, the actual baseline hair count in the
13 frontal hair loss study was greater than it was in the
14 vertex studies, and the data do support that the lower the
15 hair count at baseline, the higher the increase from
16 baseline. Now, an additional point is that we did evaluate
17 the frontal area in all patients in the vertex pivotal
18 study. So, all 1,553 patients participating in the pivotal
19 vertex studies also had photographs of their scalp taken
20 using that superior frontal view that was used, and in that
21 analysis, using the same expert panel that reviewed vertex
22 photographs, the efficacy in the frontal area was
23 essentially the same in the 1,553 vertex patients as it was
24 in the vertex area. So, I think in answer to your question,

1 when you look at all of the data from all three trials,
2 there is overwhelming evidence that there is efficacy in
3 both the frontal and the vertex patients and that the vertex
4 patients, when reviewed from the front by the global panel,
5 demonstrate efficacy nearly equivalent to that in the
6 vertex. And I showed you one example of that in the last
7 patient in the vertex series at one year, where the second
8 photograph of that patient demonstrated the efficacy seen in
9 the frontal area, and that efficacy in the frontal area in
10 the vertex studies was essentially the same as seen in the
11 vertex area in those patients.

12 DR. MCGUIRE: Dr. Parker?

13 DR. PARKER: Dr. Kaufman, you measured DHT in the
14 skin but not 5-alpha-Reductase. That wasn't measured.

15 DR. KAUFMAN: We have measured 5-alpha-Reductase
16 in scalp in the past. It wasn't done in the same study
17 where we measured scalp DHT.

18 DR. PARKER: A couple of questions. Do you know
19 if there is a difference, a significant difference, in the
20 amount of DHT, vertex versus frontal?

21 DR. KAUFMAN: We have looked at DHT in balding
22 versus nonbalding scalp, and often, that area of balding
23 scalp is taken from the frontal area, because it comes very
24 often from hair transplant patients, and the data support

1 that balding scalp, compared to hairbearing scalp, has
2 increased levels of DHT. The concentration is increased. I
3 don't believe we specifically looked at vertex versus the
4 frontal area, meaning both areas with hair loss, to see if
5 there were differences. I'm not aware of that.

6 DR. PARKER: Which might explain some of the
7 differences you might see clinically in vertex and frontal.

8 DR. MCGUIRE: Dr. Lim?

9 DR. LIM: Dr. Kaufman, the--I forgot my question;
10 come back.

11 DR. MCGUIRE: Okay; I have a quick fill-in
12 question for you.

13 [Laughter.]

14 DR. MCGUIRE: Dr. Kaufman, would you walk me
15 through the scalp biopsy results at one year? I'm
16 confused--

17 DR. KAUFMAN: Sure.

18 DR. MCGUIRE: --about what the denominator is.
19 You show 5.4 mean change in the hairs in the finasteride and
20 one in the placebo in terminal hairs, and I'm not--and
21 there's a baseline count of 16.

22 DR. KAUFMAN: Right.

23 DR. MCGUIRE: So, there are 16 in both the
24 placebo--

1 DR. KAUFMAN: I'm sorry; slide 21 in the second
2 tray.

3 DR. MCGUIRE: Yes, that's the slide.

4 DR. KAUFMAN: Yes; the 4-millimeter punch biopsy
5 is roughly one-fortieth the area of the one-inch diameter
6 circle that we use for hair count, and all of these biopsies
7 were obtained and read by Dr. David Whiting at the Baylor
8 Hair Research Center. As Dr. Whiting has found repeatedly,
9 there are approximately 40 hairs between the terminal and
10 the miniaturized hairs in a 4-millimeter punch biopsy. And
11 if you, then, try to normalize that for the area, since it's
12 one-fortieth of the sites, it gives you about 1,600 hairs in
13 a one-inch diameter circle, and that's about normal. So, of
14 those 40 hairs in this cohort of patients participating in
15 the Phase III U.S. study at Dr. Whiting's site, the average
16 baseline number of terminal hairs out of the total of 40 was
17 16, and the average number of miniaturized hairs is 24.
18 That's the hallmark of male pattern baldness, that there are
19 far more miniaturized hairs compared to the number of
20 terminal hairs, and that, in fact, is the pathophysiology of
21 what is going on, so that, over time, the percentage of
22 terminal hairs will decrease; the percentage of miniaturized
23 hairs will increase. And so, you have an unfavorable ratio
24 of terminal to miniaturized hairs.

1 And what finasteride treatment has done is
2 reversed that trend towards a decrease in terminal hairs and
3 an increase in miniaturized hairs by increasing the number
4 of terminal hairs and decreasing the miniaturized hairs and
5 altering the ratio of terminal to miniaturized in a
6 favorable way.

7 DR. MCGUIRE: That answers my question.

8 Dr. Lim?

9 DR. LIM: Yes, Dr. Kaufman, the question that I
10 had before was in the briefing package that you sent us, I
11 believe that there is a statement that African-American
12 males as a group did not respond as well; granted, the
13 number is small, and it's only 11 percent of your total
14 patient population. Could you elaborate on that?

15 DR. KAUFMAN: Yes; in the subgroup analysis,
16 broken down by ethnic group, it was observed that although
17 all subgroups analyzed clearly respond in favor of
18 finasteride compared to placebo that there was a slight
19 trend towards black patients, perhaps, having a slightly
20 less increase in hair count compared to the rest of the
21 population. But again, the efficacy was clearly there. It
22 turns out that black patients have a slightly different hair
23 count profile as well. They were substantially lower in
24 their baseline hair count than the patients in the trial.

1 If one looks at the patient hair growth
2 questionnaire, the efficacy of treatment was clearly
3 demonstrated for black patients compared with placebo.
4 Interestingly, there appeared to be a little less
5 satisfaction with the appearance of hair at the end of a
6 year in black patients on finasteride compared with those on
7 placebo, compared to the population as a whole. I don't
8 have a clear explanation for that, but I think it's clear
9 that the patients, regardless of whether they came from one
10 ethnic group or another, clearly responded to finasteride in
11 a favorable way.

12 DR. MCGUIRE: Dr. Rosenberg?

13 DR. ROSENBERG: I have an observation and then one
14 question. The observation is that I think Merck are to be
15 commended for bringing with them today authorities in
16 urology and reproductive physiology. You know, I wish that
17 we had peers who could ask them the kinds of questions that
18 I think are appropriate in terms of benefit or risk in this
19 area. I will try one question, however.

20 The men enrolled in this study, I note, were 18 to
21 41. The proposed package insert information does not limit
22 the use to young men, who these were. From my reading, I
23 have the impression that some of the side effects that one
24 would hope don't occur are perhaps more prevalent in middle-

1 aged or somewhat older men than the youthful group whom you
2 tested. So, I wonder about how much reassurance we can draw
3 from these data for those men.

4 DR. KAUFMAN: The question has to do with the use
5 of finasteride in men who, perhaps, would be older than the
6 specific age range of patients studied in the clinical
7 trials and what reassurance we can provide. I think we have
8 substantial reassurance on the safety side, since we have
9 extensive experience with finasteride at five times the dose
10 being considered today in men with benign prostatic
11 hyperplasia, and that safety profile is well described and
12 well established and, again, would be acceptable for this
13 indication.

14 The issue on efficacy is slightly different. It's
15 true that we did study men between 18 and 41 in the Phase
16 III trials. The product label will specifically indicate
17 that in the clinical study section. However, the subgroup
18 analysis, looking at patients divided by their age, whether
19 they were between 30 and 40, 35 and 41 or younger, and
20 looking at them from the perspective of how long they've had
21 hair loss, which may be related to age, didn't identify any
22 trends in the data; did not suggest that older patients or
23 patients with more established hair loss had less efficacy.

24 I think it's fair to say that male pattern hair

1 loss is a continuum; that there isn't an abrupt change
2 between patients, say, who are 40 and 45. We do have some
3 experience with much older patients from the finasteride 5
4 milligram Proscar experience, where men in the seventh and
5 eighth decades perhaps would not respond as well, because
6 they may have senescent balding as opposed to male pattern
7 hair loss, but I think between these two age groups, that
8 is, the 18 to 41, and the much older group of patients with
9 BPH, where we have some experience with Proscar, I think
10 it's an individual patient selection with the patient's
11 physician as to whether finasteride is appropriate for them,
12 and they can see for themselves whether the therapy is going
13 to be effective.

14 DR. ROSENBERG: Do they grow a lot of hair, the
15 older men taking the larger pill?

16 DR. KAUFMAN: The question was did the older men
17 with BPH grow a lot of hair when they were treated with
18 finasteride 5 milligrams, and we have received anecdotal
19 reports, both reports from the clinical trials as well as
20 postmarketing reports. Some of the reports--they are
21 anecdotal, and I think we can take them from what they are--
22 some of those reports, of course, also come from patients on
23 placebo, but there are anecdotal reports.

24 I often get photographs of patients 75 years old

1 showing the--you know, before they started on therapy; after
2 they had been on therapy declaring their surprise at the
3 benefit that they've seen in their scalp hair, but these are
4 anecdotal. We didn't specifically look at this question in
5 the BPH trials.

6 DR. MCGUIRE: Do you have further questions, Bill?
7 Mrs. Cohen?

8 MS. COHEN: I wonder: it says at 12 months, only
9 14 percent of men treated with Propecia demonstrated hair
10 loss. Fourteen percent is rather a large amount. Did they
11 stop at that point? Or did you continue to treat them for
12 another year?

13 DR. KAUFMAN: The 14 percent of men who had any
14 further hair loss comes from the hair count data, meaning
15 that the patients had a lower hair count at month 12 than
16 they did at baseline. There is obviously some variability--
17 biological variability--in the hair count measure as well as
18 some variability in the measurement techniques in
19 themselves, but nonetheless, the point that was being made
20 in what I think you're reading, the 14 percent of men, that
21 contrasts with the 58 percent of men on placebo who had a
22 reduction in hair count at month 12 compared to baseline,
23 and I think that dramatic shift in the proportion of
24 patients who can be shown to have lost hair by hair count is

1 the important point.

2 MS. COHEN: If one takes this medication, what
3 should a consumer expect? I notice it says, in some cases,
4 3 months, but what would you advise a person who buys this
5 product in terms of efficaciousness?

6 DR. KAUFMAN: I think--if I can answer that in two
7 parts, there are two potential benefits from this drug. One
8 is the prevention of further hair loss in men who already
9 have hair loss, and we know from information collected at
10 baseline in all of our trials that preventing further hair
11 loss is critically important to patients. It is actually
12 more important--and even more believable to patients--than
13 improvements in hair growth. So, prevention of further hair
14 loss is something that the patient may have more difficulty
15 appreciating because of the normal, slow progression as part
16 of the natural history of the disorder compared with an
17 impressive increase in hair growth as demonstrated in some
18 of the global photographs.

19 So, I think patients need to be counseled that
20 they may achieve results within 3 months or more but that
21 patients may benefit from prevention alone, regardless of
22 whether they see improvements in hair growth. Again, it's
23 going to be the patient's own assessment, and they can tell,
24 because they report more often on finasteride than placebo

1 that the treatment is slowing down their hair loss, and that
2 is very important to them.

3 MS. COHEN: Thank you.

4 DR. MCGUIRE: Dr. Kilpatrick?

5 DR. KILPATRICK: Dr. Kaufman, one of our
6 responsibilities is to be concerned with perhaps obscure
7 safety effects, and I'm chasing a will-o'-the-wisp here to
8 some extent, but there were, of the four patients who died
9 on the study, three on treatment and one on placebo, two of
10 the treated points--I'm referring to table 29 in the
11 briefing book--two of the patients who died on finasteride
12 died from motor vehicle accidents.

13 DR. KAUFMAN: Right.

14 DR. KILPATRICK: Perhaps from your Proscar
15 studies, you can assure us that there is not an increased
16 risk of motor vehicle accidents among people taking
17 finasteride.

18 [Laughter.]

19 DR. KAUFMAN: I think I can assure you of that
20 fact. In fact, those two cases, if I'm not mistaken, one
21 was a man on a motorcycle who collided with a motor vehicle,
22 and the other one, I think, was a pedestrian who was hit by
23 a car. In fact, neither one of those patients was actually
24 driving a car.

1 [Laughter.]

2 DR. KAUFMAN: Not to be flippant, to answer your
3 question, there is no evidence that finasteride would impair
4 one's ability to drive a motor vehicle.

5 DR. KILPATRICK: I think you may have been doing
6 very excellent research, since you may know that I suffered
7 from a motorcycle accident 18 months ago.

8 [Laughter.]

9 DR. KAUFMAN: Hence, the word serendipity.

10 [Laughter.]

11 DR. MCGUIRE: Doctor, is anyone going to ask you
12 if you were taking Proscar?

13 [Laughter.]

14 DR. KILPATRICK: That's proprietary.

15 MS. COHEN: Leave it alone.

16 [Laughter.]

17 DR. MCGUIRE: Dr. Tschen?

18 DR. TSCHEN: We know that minoxidil is an over-
19 the-counter product, and patients who have hair loss will
20 use combinations and will start using this. I want to know
21 if there is any study that you have done or you have any
22 information on whether the use of minoxidil will enhance or
23 decrease; a synergistic effect, or will it enhance side
24 effects or produce any other problems to your knowledge?

1 DR. KAUFMAN: Yes; the question has to do with the
2 potential combination use of finasteride with topical
3 minoxidil. It's a very interesting question that we've
4 often thought about, but there are no clinical data to
5 answer that question. That is, there are no studies that
6 have directly compared either treatment alone and then an
7 arm that had combination treatment with finasteride and
8 topical minoxidil. The two agents do act by different
9 mechanisms, but, unfortunately, until the clinical trial
10 data is available, we really don't know the answer to that.

11 DR. TSCHEN: Furthermore, the only other question
12 I have is which patient would I select for one or the other?
13 And certainly, the patient who comes to me comes already
14 using minoxidil. Is this patient a good candidate to be
15 switched into using the finasteride? Or should I tell them,
16 well, just use this other in addition to the other product
17 they are using? And that concerns me, because probably in
18 the future, we will have even a stronger strength of
19 minoxidil, and will this even work better or worse? Or what
20 will I tell my patients as a clinician?

21 DR. KAUFMAN: Well, I'm an endocrinologist, not a
22 dermatologist, and I think I would defer to one of our
23 dermatologic consultants, Dr. Price, perhaps, to give you a
24 response to that question.

1 DR. PRICE: I'm Vera Price from the University of
2 California, and I'm a consultant, as you heard.

3 I think the decision will be answered largely by
4 the patient. I think if the patient is pleased with his
5 results with minoxidil, there is no reason for him to stop
6 it. He may want to add something. If the patient prefers
7 to take something by mouth and no longer wants to use
8 something topical, that will answer your question in another
9 way. I think it will take just a little discussion with the
10 patient, but frequently, I think, if he's doing well, you
11 may want to add, and if he's not certain, you may want to
12 substitute.

13 This wasn't mentioned by Dr. Kaufman, but
14 certainly in the animal model, the stump-tailed macaque,
15 there is evidence that minoxidil 2 percent and finasteride
16 orally, minoxidil applied topically and finasteride orally,
17 have an additive effect, so that the animals using just
18 topical minoxidil showed a certain increase in hair weights
19 in a certain measured area, and the animals taking only
20 finasteride by mouth showed a similar increase in weight
21 over that same period of time, and when the animals were
22 given both agents, it was exactly double the effect.

23 So, in the stump-tailed macaque, we have some
24 evidence of the additive effect.

1 DR. MCGUIRE: The committee will have an
2 opportunity to have further questions later, and what I
3 would like to do now is introduce Elizabeth Stoner, who will
4 make some concluding remarks from the sponsor.

5 Thank you, Dr. Kaufman.

6 DR. STONER: Good morning, Mr. Chairman, members
7 of the advisory committee, FDA, ladies and gentlemen. My
8 name is Elizabeth Stoner, vice president of clinical
9 research. I would just like to take a few moments to make
10 some brief concluding remarks. In today's deliberation, it
11 is important to consider the demonstrated benefit of
12 finasteride on increasing hair growth on all affected parts
13 of the scalp and its effect on reversing the fundamental
14 hair loss process as well as the aggregate of safety data
15 that has been compiled over the last 10 years.

16 Dr. Kaufman has shown that androgenetic alopecia
17 is due in part to an acceleration of the normal cycling of
18 the hair follicle. This process can be halted by lowering
19 DHT levels, confirming the central role of DHT in the
20 pathogenesis of male pattern hair loss. This translates
21 into an arrest of the balding process in men with
22 established androgenetic alopecia, resulting in increases in
23 hair growth as well as prevention of further hair loss.

24 The clinical trials have demonstrated increases in

1 hair growth in both the vertex and frontal areas of the
2 scalp. Each of the predefined endpoints was significantly
3 improved over placebo and consistently demonstrated cosmetic
4 improvements that were appreciated by the patients
5 themselves and with which they were satisfied. The results
6 are statistically robust, replicative and internally
7 consistent.

8 The safety experience in the male pattern hair
9 loss clinical trials demonstrated an excellent safety
10 profile in the intended population, now based on
11 approximately 3,000 patient treatment years and built on the
12 already established safety of finasteride in the original 5-
13 milligram application. Finasteride's mechanism of action is
14 targeted specifically at inhibiting Type II 5-alpha-
15 Reductase without other adventitious effects. Further
16 reassurance is provided by the patients with a genetic
17 deficiency of this enzyme who serve as a human biologic
18 model for lifelong pharmacologic inhibition of 5-alpha-
19 Reductase.

20 In fact, even though these patients have
21 congenital anatomical abnormalities, several pregnancies
22 have been reported with the fathers being the men with 5-
23 alpha-Reductase, demonstrating that even lifelong inhibition
24 of DHT does not appear to alter spermatogenesis.

1 Extensive long-term animal studies at high doses
2 in rodents and dogs previously reviewed by the agency at the
3 time of our initial approval in 1992 revealed no deleterious
4 effects relevant to man nor any evidence for carcinogenic
5 potential. Since approval, we have continued to conduct
6 long-term controlled clinical trials with finasteride at 5
7 milligrams, now accumulating more than 20,000 patient
8 treatment years of experience in controlled clinical trials.
9 In none of these have any new safety concerns been
10 identified.

11 Careful surveillance for malignancy, including
12 prostate and breast cancer, in this extensive safety
13 database, has revealed similar incidences in finasteride and
14 placebo treated patients. In fact, the National Cancer
15 Institute chose finasteride as the chemopreventative agent
16 for a 7- to 10-year placebo controlled study in 18,000
17 healthy men to test the hypothesis that finasteride could
18 prevent prostate cancer. Additional support for the safety
19 profile of finasteride has been obtained through the
20 detailed review of spontaneous postmarketing reports, and
21 from all of these data, there have been no new safety
22 findings.

23 The safety profile observed in the younger
24 population with male pattern hair loss at one milligram was

1 consistent with the prior findings at five times this dose
2 in older men. In summary, then, the extensive safety
3 database which now exists, consisting of preclinical data,
4 clinical trials at both 5 and 1 milligram and the
5 postmarketing experience all unequivocally support the
6 safety of long-term administration of finasteride to young,
7 healthy men. In conclusion, finasteride 1 milligram
8 provides an important therapeutic alternative to men for the
9 treatment of male pattern hair loss.

10 Currently, patient choices are limited to surgery,
11 topical therapy or hair replacement systems. Finasteride
12 has been studied by state-of-the-art, rigorous, scientific
13 methods which clearly establish its utility and safety for
14 the treatment of men with male pattern hair loss.
15 Therefore, considering the efficacy results and the
16 extensive safety database available, we believe that the
17 data submitted support the overall benefit risk for
18 finasteride in the treatment of male pattern hair loss as
19 being favorable and appropriate for its intended use in men.

20 Thank you.

21 DR. MCGUIRE: Thank you, Dr. Stoner.

22 I would like to postpone questions until after the
23 break. If we could have a break now for about 30 minutes
24 and reconvene at 11:00.

1 [Recess.]

2 DR. MCGUIRE: Good morning. I would like to
3 reconvene the advisory committee, if you could be seated.

4 At this point, I would like for members of the
5 advisory committee to direct questions toward any of the
6 consultants as well as representatives of the sponsor.

7 Dr. Duvic?

8 DR. DUVIC: I've been elected to ask the sponsor
9 about the fact that this drug causes birth defects in
10 pregnant women. If they could give us an idea of how much,
11 how long, if there's any plan to educate pregnant women or
12 keep them from getting the drug. It causes birth defects in
13 the fetus.

14 DR. KAUFMAN: The question has to do with the
15 potential for finasteride to cause birth defects in fetuses
16 if the drug is given to pregnant women. The clinical
17 program that I presented to you today is in men only, and we
18 are seeking an indication for use in men only based on the
19 clinical trial data. The product label for this drug will
20 specifically indicate that the drug is not indicated for use
21 in women; that there will be specific warnings,
22 contraindications, of the use of finasteride in women when
23 they are or potentially may be pregnant because of the
24 potential risk of producing hypospadias in a male fetus if a

1 woman, when pregnant, takes finasteride.

2 So, in answer to your question, the drug is going
3 to be indicated for use by men only. It will not be
4 indicated for use in women, and it will be contraindicated
5 for use by women when they are or may potentially be
6 pregnant, and that warning will appear both on the product
7 label, the patient package insert, the product bottle and on
8 the carton.

9 DR. MCGUIRE: That takes care of your question,
10 Dr. Duvic?

11 DR. DUVIC: No, it doesn't really. Is there a
12 critical time during the pregnancy that the effect--if
13 someone, perhaps, got pregnant, would they have a leeway to--
14 -I mean, women might use this drug even though it's not
15 approved for women.

16 DR. KAUFMAN: We do know that the differentiation
17 of the external genitalia, which is the issue at risk, if
18 you will, does occur in the latter part of the first
19 trimester, but we have no information in terms of the safety
20 of taking finasteride at any time prior to the end of the
21 first trimester as to whether or not there's a free period,
22 if you will, before there may be a risk. So, clearly, it
23 will be contraindicated in women who are or may potentially
24 be pregnant.

1 DR. MCGUIRE: Dr. Miller?

2 DR. MILLER: Dr. Kaufman, before, when we were
3 talking about the frontal hair loss, I thought you said that
4 some of those patients in whom there wasn't an increased
5 growth might have had more advanced hair loss in that area
6 or of longer duration. Did you say that or not?

7 DR. KAUFMAN: I don't believe I indicated that.

8 DR. MILLER: Okay; in your studies, have you seen
9 at all that folks, younger folks, regrow the hair more
10 quickly or it's more efficacious in them because of the
11 duration of the hair loss?

12 DR. KAUFMAN: The question is are patients with a
13 briefer duration of hair loss able to respond better than
14 those with more advanced hair loss, and we did do subgroup
15 analyses to look at this question directly, and we divided
16 the patients by their chronological age, by the number of
17 years of hair loss, by their Hamilton pattern which, to some
18 extent, is an expression of their degree of hair loss
19 regardless of how many years it's been, and in each of those
20 cases, there were no trends in the data suggesting that
21 patients didn't benefit or that they benefitted differently.
22 In fact, patients with more advanced hair loss who also had
23 lower baseline hair counts actually had a greater benefit in
24 hair count compared to the population as a whole. So, in

1 fact, the data supports that patients, whether in the
2 earliest or in the later stages of hair loss, all will
3 benefit from the product compared to treatment with placebo.
4 There is not a diminishing efficacy with more extensive hair
5 loss based on those analyses.

6 DR. MILLER: And one other question: would you
7 define frontal as you're using it? You know, we have
8 diagrams here, but our discussion during the break indicated
9 that we might have had different concepts of--how frontal is
10 frontal?

11 DR. KAUFMAN: The frontal hair loss study--maybe I
12 can show the slide in the first tray showing the
13 demographics based on the Hamilton classification, because I
14 think that will help illustrate. That is slide number 18.

15 [Pause.]

16 DR. KAUFMAN: Recall that this red box contains
17 the entry criteria for patients in the pivotal vertex
18 studies. This blue dashed line shows the patients' entry
19 criteria for the frontal hair loss study, and I think you
20 can appreciate that in the frontal hair loss study, patients
21 had either relatively mild or more severe recession of the
22 frontal hair line, and the hair count area for those
23 patients was taken from what the clinician thought was an
24 appropriate representative area in the frontal scalp as

1 opposed to the vertex scalp. I mean, that's the real
2 difference between the way those two studies were designed.

3 And again, there is overlap between the patient
4 populations, between the vertex and the frontal studies, but
5 hair count, which was a primary endpoint in all of the
6 studies, was obtained in the vertex area, in the leading
7 edge in the vertex studies and in the frontal area in the
8 frontal studies. Does that answer your question?

9 DR. MCGUIRE: Dr. Orkin?

10 DR. ORKIN: I'd like to pursue further the
11 question that Dr. Duvic answered, and I'd like to ask if Dr.
12 Wilkin will also comment on this question that I'll direct
13 toward Dr. Kaufman. I would think that clearly, women are
14 going to be taking--some women are going to be taking the
15 medication, because even though they may not read it; they
16 may not pay attention; they'll say it can't happen to me,
17 but they're going to do it, and I think that is of some
18 concern.

19 DR. KAUFMAN: I think that we will do everything
20 we can in a responsible manner to educate the physician and
21 the public about the use of this medication and that it is
22 indicated for use in men only, and we will work with the
23 agency in terms of material that is appropriate to make sure
24 that that message is effectively communicated, so that women

1 understand that there isn't a risk for them, but it is a
2 risk for them if they are pregnant to a male fetus, a
3 potential risk if they take the drug.

4 DR. MCGUIRE: Dr. Simmons-O'Brien.

5 DR. ORKIN: Would Dr. Wilkin comment about--I
6 asked if he would comment.

7 DR. MCGUIRE: Yes, please do, John.

8 DR. ORKIN: Yes.

9 DR. WILKIN: Well, I think Dr. Orkin's assumption,
10 you know, probably will come true that some women will. We
11 know that any medication that is approved can be used
12 outside of the indication as part of the practice of
13 medicine, so, there will be a learned intermediary; there
14 will be a physician, and the sponsor has indicated a
15 willingness to work on educational information in the
16 labelling, perhaps something in addition to that which can
17 also encourage physicians to think about this if a woman
18 comes in and asks for the product.

19 DR. MCGUIRE: Dr. Simmons-O'Brien?

20 DR. SIMMONS-O'BRIEN: Along those lines, and I
21 know we can't control what people do and what--and many of
22 us would argue that we are not supposed to be doing that,
23 but it kind of goes back to, you know, what is in a name,
24 that which we call a rose, and Propecia, I am sure, was

1 thought about, and it has Proscar; it has alopecia. It's
2 pro, it's for, it's anti, it's against loss. I'm wondering:
3 did you ever consider calling it by the same name, Proscar 1
4 milligram?

5 I think that--I can see the adds in the magazine:
6 Propecia, hair loss, and a lot of women are going to be
7 interested, and some, I agree, will find a way to take the
8 medication, and I think a name of a medication can have a
9 lot of persuasive power. So, did you ever consider keeping
10 it the same name?

11 DR. GOLDMAN: The trade name has actually gone
12 through review through the agency as well as tested, and we
13 did go through almost a 2-year process to make sure there
14 are no medication errors, et cetera, for trade name.

15 The bottom line is that we are clearly, as Dr.
16 Wilkins commented, you cannot get this over-the-counter.
17 There is a learned intermediary, and we would not just be
18 having that the drug is for male pattern hair loss; it's for
19 men, and that is going to be clearly carried. Proscar has
20 been out on the market for about five-plus years. This
21 information has been disseminated clearly and is actually a
22 well-known aspect of the drug, and we know that from people
23 who are taking it, et cetera, and there has been education
24 in that arena also, even though the indication there is

1 clearly simply a male indication.

2 So, we have already--I mean, it is not an unknown
3 feature of the drug, and we will continue to, in fact, make
4 sure that's even more prominent.

5 DR. PARKER: Do you know of any instances where
6 you've had the trouble--

7 DR. MCGUIRE: That's Dr. Parker.

8 DR. PARKER: Do you know of any instances where
9 you've had problems with Proscar in this regard?

10 DR. KAUFMAN: The question is do we know of any
11 instances where we've had problems with Proscar. Are you
12 referring to off-label use in women? There are some
13 prescriptions that are being written for women for Proscar
14 in the marketplace that can be made available through
15 information sources. Generally, the precautions about
16 pregnancy, since this, again, is a prescription drug, are
17 communicated to the patient by the physician. Women seem to
18 understand this part of the safety profile of the drug.

19 DR. MCGUIRE: Dr. Mindel?

20 DR. MINDEL: I had a question for Dr. McConnell or
21 an area of questions.

22 I'm interested in a specific subset of patients,
23 the ones that have had prostate CA and radical
24 prostatectomies and now have a zero PSA. The detection

1 limit at my institution is 0.04 for recurrence. We saw that
2 on the slide that the level is reduced by I guess that's a
3 mean value of 0.2, and then, of course, there is a standard
4 deviation and such. But what I am concerned about is that
5 the patient who has a recurrence after his radical
6 prostatectomy, that young man, relatively young man, will
7 not be detected as the cancer is growing because of the
8 relatively small but definite reduction in PSA.

9 DR. MCCONNELL: Let me answer that three different
10 ways. First of all, in the reduction in serum PSA levels in
11 men in these studies that point to decreases from a higher
12 baseline, so, it's not that you're going to lower by 0.2 in
13 everyone, and therefore, someone would have to have a PSA
14 rise of greater than 0.2 before you'd pick it up. So, I
15 think you can extrapolate from this database.

16 There is some experience in using finasteride in
17 several trials, actually, following radical prostatectomy,
18 and although there is some partial suppression of PSA, it is
19 not complete. And so, I think it's exceedingly unlikely
20 that there would be enough suppression that you would have
21 any significant delay in the diagnosis or the identification
22 of recurrence. The most important thing, though, is
23 although we have all pushed for these more sensitive assays
24 that allow us to detect recurrences biochemically when the

1 level is 0.05 or whatever, there is absolutely no clinical
2 evidence that that allows us to manage our patients in a
3 better way.

4 There is still intense debate about how to manage
5 patients who have biochemical relapse following radical
6 prostatectomy. Some people feel they should have radiation
7 therapy, but if that is the case, there is no evidence that
8 giving that radiation therapy when the value is 0.04 as
9 opposed to 0.2 really makes any difference in clinical
10 outcome.

11 So, I think to summarize, finasteride would not
12 completely suppress PSA relapse in a patient who was
13 destined to relapse, and second of all, it probably would
14 not change clinical management in any way.

15 DR. MINDEL: The relatively sensitive assays are
16 new, I think, so that to some extent, it really isn't known,
17 say, the natural history of treating patients with 0.04 or
18 0.05 as opposed to 0.1 or 0.2 or 0.4.

19 DR. MCCONNELL: Well, that's technically true, but
20 we do know several things, and that is that men who relapse
21 early, in the first 2 years following radical prostatectomy,
22 actually do quite poorly in response to radiation therapy or
23 any sort of adjunctive therapy, whereas, men that tend to
24 relapse more than 2 years following their original surgery

1 tend to respond better to radiation therapy.

2 And these ultra-sensitive assays have been around
3 for at least 2 or 3 years, and again, I don't think that
4 there would be any evidence to suggest that this would--that
5 lowering DHT levels and lowering PSA levels would delay
6 clinical diagnosis in any significant way. Certainly, I
7 wouldn't personally have any concern about that.

8 DR. MINDEL: And that's--I'd like to ask a second
9 question of you, which is that the question of the
10 finasteride--of the lowering of the alpha-Reductase activity
11 in fertility, it was mentioned that congenital--patients
12 with a congenital absence, it has been reported that they
13 have had offspring. Is that--I imagine this isn't a very
14 common abnormality.

15 DR. MCCONNELL: Yes.

16 DR. MINDEL: But is there any comment that could
17 be made as to whether this is--do they have fertilities
18 essentially normal or essentially abnormal?

19 DR. MCCONNELL: We should let Dr. Imperato-
20 McGinley answer that question.

21 DR. IMPERATO-MCGINLEY: Good morning. I'm
22 Julianne Imperato-McGinley, an endocrinologist from Cornell
23 University Medical College who was involved in the initial
24 description of the syndrome of 5-alpha-Reductase deficiency

1 and has studied this condition--I'm shy about saying this--
2 for over 20 years.

3 With that information, I can tell you because
4 these patients have a lifelong deficiency of DHT which
5 starts in utero which is causing a genital defect, many of
6 these patients do have undescended testes, or some of the
7 patients have testes that descend at puberty. So, because
8 of the fact of the undescended testes, you have substantial
9 damage to spermatogenesis, so that you cannot answer this
10 question with many patients. But we have a patient who had
11 descended testes who had essentially a normal sperm count,
12 but because of inadequate hypospadias repair, paternity was
13 achieved through intrauterine insemination twice. The first
14 child was a healthy boy; the second children were twins, a
15 boy and a girl.

16 There have been two other patients that have
17 achieved pregnancy reported from the group in Sweden, two of
18 three siblings. One has one child, and the other just had a
19 second child. So, of course, this is a rare disease. There
20 are a limited number of patients, and the spermatogenesis
21 question is hampered by the basic defect which develops in
22 utero, but yes, despite that lifelong defect, I'll tell you
23 one other interesting, although anecdotal but nonetheless
24 powerful.

1 Because of my 20-year followup of certain
2 patients, I've found a sperm count done in 1977 and then a
3 repeat sperm count in this patient that I had been in
4 contact with over the years 18 and 20 years later, and
5 essentially, there has been no change in the sperm count in
6 that patient; in fact, the last count was higher than his
7 count in 1977.

8 DR. MCGUIRE: Ms. Cohen, you had a question.

9 MS. COHEN: I think Dr. Kaufman mentioned that
10 during the period of the clinical trials, there were people,
11 several people who became pregnant, and I'd like to know if
12 those children born had any birth defects or they were just
13 healthy children.

14 DR. KAUFMAN: Ms. Cohen remarked that in the
15 clinical trials, a number of pregnancies were reported,
16 obviously, not in the patients in the trial but in the
17 partners of the patients in the trial.

18 MS. COHEN: I agree.

19 [Laughter.]

20 DR. KAUFMAN: And in all of those cases, there are
21 no congenital anomalies in any of the offspring of any of
22 those patients.

23 MS. COHEN: Were they followed?

24 DR. KAUFMAN: They were all followed once the

1 pregnancy was identified all the way--to try to establish
2 the date of conception all the way to birth and the outcome
3 for all patients.

4 MS. COHEN: Thank you for my education.

5 [Laughter.]

6 DR. MCGUIRE: Further questions?

7 Dr. Kilpatrick?

8 DR. KILPATRICK: I'd like to ask a question about
9 study 092, the frontal hair loss, as I understand it. I'm
10 concerned about an apparent discrepancy, which may be
11 fictitious, between the hair count picture shown in figure
12 14 of the briefing book, page 44, and the histograms shown
13 in the appendix for 092. I'm looking at pages 135, et
14 cetera. Now, the figure, based on hair count, persuades me
15 that there is an important improvement of finasteride over
16 placebo, and yet, and I'm coming back to this point, about a
17 quarter to a third of the nontreated or placebo treated
18 patients said that they were satisfied or more than
19 satisfied and happy with the improvement in hair loss, some
20 increase; that the placebo seemed to be effective.

21 This is demonstrating, of course, the subjective
22 nature of placebo response, but I would like to have seen
23 some histograms on the proportion of hair count numbers,
24 differences from baseline to 12 months, in the placebo group

1 and get some idea as to what proportion of placebo-treated
2 frontal hair loss subjects had, in fact, by numerical count
3 an increase in the area that was counted. I'm sorry for
4 such a wandering question.

5 DR. WALDSTRAICHER: I'm Joanne Waldstraicher from
6 Merck Research Lab, and I monitor the frontal hair loss
7 study. May I have JW Number 1? Let me just review the data
8 that you're referring to, since there were several slides
9 that you discussed.

10 DR. KILPATRICK: Right.

11 DR. WALDSTRAICHER: This is the frontal hair count
12 data from the frontal baldness study, and you can see here a
13 clear treatment effect. This is the finasteride group; this
14 is the placebo group. This study went into open extension,
15 unlike the vertex studies you've seen. So, all patients at
16 a year were crossed over into the finasteride arm, but you
17 can see in the finasteride treated group, over the first
18 year, there is an increase in hair growth, which was about
19 12 hairs, in the one-centimeter square circular area, and
20 there was maintenance of this efficacy through the second
21 year of treatment.

22 And, as Dr. Kaufman told you, this is a smaller
23 circle than the vertex studies that translates into about a
24 60 hair growth. May I have the next slide, please?

1 Now, you were referring to the placebo effect in
2 the patient hair growth questionnaire, and here are the
3 results for the patient hair growth questionnaire, and even
4 though there is a placebo effect, which you see with every
5 clinical study, especially in an endpoint as subjective as
6 patient assessment, all of the six questions, and the next
7 slide has the six questions, but leave this one on. The
8 next slide has the other questions. All of these questions
9 were statistically different from placebo. There was more
10 important on finasteride than with placebo. In fact, as
11 early as month 3, the global analysis was significant, and
12 the overall appearance of hair and slowing down hair loss,
13 those individual questions were also significant at month
14 three, and each question was significant at month six.

15 May I have slide number JW 4? Just for
16 comparison, and I am showing you the data on the percent of
17 patients who had a positive response on finasteride versus
18 placebo in the frontal hair loss study versus the vertex
19 hair loss study, and you can see here that there is a
20 remarkable similarity between the percent of patients with a
21 positive response on the hair growth questionnaire in the
22 vertex and the frontal studies and in the placebo groups
23 from the two studies as well, which is what I think you were
24 discussing. Here is the placebo effect again, which we see

1 in all of our clinical studies with subjective endpoints,
2 and here is the finasteride treatment effect, very similar
3 between the two, and, as Dr. Kaufman showed you, slowing
4 down hair loss is the most robust question assessed by
5 patients: 68, 65 percent of patients noted improvement in
6 slowing down of the hair loss in those patients.

7 Does that answer your question?

8 DR. KILPATRICK: I take your point, except that
9 there is a need for placebo control and that you have shown
10 significant differences in hair count. My question
11 explicitly asked for but I did not hear for a proportion in
12 the frontal study of hair loss placebo-treated individuals
13 who, by hair count, appeared to improve or not--basically,
14 you've treated the hair loss as a quantitative measure. I'm
15 saying could you degrade that into a classification improved
16 or not improved?

17 DR. WALDSTRAICHER: We don't have the exact number
18 pinned down, but between 50 to 75 percent of placebo-treated
19 patients did have loss of hair by hair count.

20 DR. KILPATRICK: So that 25 percent were other
21 that appeared to have no loss of hair by hair count.

22 DR. WALDSTRAICHER: Correct.

23 DR. KILPATRICK: Is this consistent with my
24 expectation that hair loss is continuous?

1 DR. KAUFMAN: Maybe if I could respond from a
2 slightly different vantage point: the hair growth
3 questionnaire, the global photography, the investigator
4 assessment and the hair count are actually measuring
5 slightly different things, and although these measures are
6 correlated, the correlations between changes in hair count
7 and what the patient reports in terms of improvement or
8 worsening or what the global photographic pattern reports,
9 they're in the same direction; they're positive, but they
10 are not highly correlated in the way that one might expect
11 hair counts and hair weights, for instance, if one were to
12 do both of those measures.

13 Remember that the hair count is in a specific,
14 representative, circumscribed area, and that's done for
15 reproducibility. We obviously can't take hair counts from
16 the entire scalp. All of the other measures are assessing
17 changes across the entire scalp, and so, similar to
18 subjective and objective measurements in other disease
19 categories, you get appropriate correlations between changes
20 in hair counts and changes in subjective assessment such as
21 the patient's own report.

22 So, there are some patients who have increases in
23 hair count who report that they have improved, and there are
24 others who may have increases in hair count who may not

1 report that they improved, because from their perspective,
2 they have not achieved enough improvement. Does that help?

3 DR. MCGUIRE: Dr. Silverman, did you want to
4 comment? Oh, yes, identify yourself, please.

5 DR. RIETSCHER: I'm Bob Rietscher from New
6 Orleans.

7 I appreciate your concern about what the placebo
8 patients were doing, and in doing hair studies over the last
9 15 years, placebo responses have bedeviled almost all
10 clinical investigators. This study was different in that
11 you were able to see that there was progression of hair loss
12 in the placebo-treated patients by a very sensitive measure,
13 hair count, and that has been unique, in my experience as an
14 investigator, to actually see that trend downward when we
15 are trying to track that number.

16 In addition, when you had global photographs--I
17 participated in the frontal panel that reviewed those--you
18 have virtually no placebo effect when we reviewed global
19 photographs in the frontal or vertex. It's a really tiny
20 effect that gets labelled as placebo when we look at the
21 real picture of the real head. And so, I was very impressed
22 with the data that came out of this study indicating a
23 significant difference from placebo by global assessment and
24 by the very sensitive hair count assessment. It's something

1 that's somewhat unique to this study as compared to others
2 I've seen.

3 DR. KILPATRICK: Thank you, sir.

4 I'd just like to follow up, Joe, if I may.

5 DR. MCGUIRE: Please.

6 DR. KILPATRICK: One more point.

7 I think that what I'm after here is asking if one
8 looks at those people who were treated and did not respond,
9 have they got any characteristics that differ them from
10 other individuals, including the--or again, in the placebo
11 group, there were some who responded, so, was there any
12 subgroup analysis in that sense of the responders and non-
13 responders?

14 DR. KAUFMAN: When the data were specifically
15 looked at to address that kind of a question, that is,
16 patients on placebo who did not have improvement in hair
17 count, many of those patients may have reported improvement
18 from patient self-assessment due to a placebo effect
19 presumably or due to the fact that changes were occurring
20 outside of the hair count area. This is, again, something
21 that is germane to the fact that we are measuring slightly
22 different things with the various endpoints, and it's the
23 combination of those four endpoints that gives us sort of a
24 comprehensive picture of what are the changes being achieved

1 with the drug.

2 So, in answer to your question about placebo
3 patients, we cannot predict from the hair count data what
4 the response in that patient is going to necessarily be in
5 responding to the hair growth questionnaire aspect.

6 DR. KILPATRICK: I understand; and the other, the
7 treated?

8 I broadened the question to ask about treated
9 patients who did not respond, and there were a fair number
10 of them, again, roughly a third, I think you said. And did
11 they have any characteristics that would--may indicate a
12 labelling restriction?

13 DR. KAUFMAN: We were not able to identify any
14 characteristics about patients before they began on study
15 drug or during the study that would help us decide a year
16 later whether they would be in the group that reported a
17 response from their own perspective or that had improvement
18 in global photographs or in hair counts.

19 DR. KILPATRICK: Thank you.

20 DR. MCGUIRE: Further questions?

21 Dr. Wilkin?

22 DR. WILKIN: This might be a replay, because I got
23 up to close the door; there was a racket outside; they were
24 actually having an interview. And when I got back and put

1 my chair here, I heard Dr. Kaufman concluding on what the
2 description of frontal was, and I guess if I could just hear
3 that briefly, because I think under one slide, where you
4 were looking at vertex, there was a band of hair just
5 anterior to that which was, on that particular person, that
6 was as far forward as the hair would grow, and I think you
7 were defining that as frontal. And I see here in the
8 graphic that Dr. Kilpatrick is referring to that it's
9 actually talking about frontal hair line. I'm wondering:
10 does frontal really go from the furthest extent of where the
11 hair is back to the most anterior edge of the vertex? Is
12 this all frontal? Or is it, you know, what one might think
13 of as anatomically frontal scalp as opposed to the frontal
14 part of the hair that's there?

15 DR. WALDSTRAICHER: JW 12, please?

16 We were fortunate enough to have Dr. Ronald Savin,
17 who has developed the Savin scale, come to our
18 investigators' meeting and train each of our investigators
19 in how to divide up the scalp and how to look for the
20 frontal and mid area of the scalp, and I hope you can see
21 this with the lights up, but basically, here, in this black
22 circular area, is the vertex area, which I think everyone
23 can recognize as the balding spot. Ahead of that, in red
24 here, is what has been defined as the mid area, and you can

1 see here, the definitions, and ahead of that is the frontal
2 area.

3 The frontal area actually encompasses both the
4 frontal hair line and frontal region as well as the mid
5 area, and in our protocol and at the investigators' meeting
6 and in our personal training sessions with the
7 investigators, and we actually had patients at the meeting
8 whom they practiced on, we worked on identifying this region
9 of the frontal and mid area which we generally term as the
10 frontal scalp, and hair counts were obtained in this frontal
11 region, which is both the frontal and mid area of the scalp.

12 DR. MCGUIRE: You're satisfied, Dr. Wilkin?

13 DR. WILKIN: Yes; I appreciate very much hearing
14 their operant definition for the word frontal.

15 DR. MCGUIRE: Further questions?

16 Yes, Dr. Miller?

17 DR. MILLER: This is, again, clarification on the
18 Type I and the Type II 5-alpha-Reductase. Does finasteride
19 have any effect on Type I at all? And in your study, you
20 know, you really didn't measure Type II, but yet, you're
21 saying, you know, reasonably dogmatically that it's working
22 just on the Type II, and yet, we know that the Type I is in
23 the skin and in the sebaceous glands, and is there a way to
24 measure just hair itself for this enzyme?

1 DR. HARRIS: We know that there is--

2 DR. MCGUIRE: Could you identify yourself?

3 DR. HARRIS: Georgianna Harris.

4 We know that there is a hundredfold difference in
5 the affinity of finasteride for the Type I and Type II
6 enzyme, and we do know about the localization of Type I and
7 Type II in scalp, if you would like to see. We can't
8 measure separately, you know, inhibition in hair follicles
9 versus the remainder of the scalp. Did I answer the
10 question?

11 DR. MILLER: I just wondered, because we're
12 saying, you know, that it's Type II that--and there's also
13 some affinity for Type I, though, too.

14 DR. HARRIS: Well, we know from circulating DHT
15 that there is residual DHT that we now know is due to the
16 Type I 5-alpha-Reductase from the clinical studies.

17 DR. WALDSTRAICHER: Let me just share some
18 experience that we've had with finasteride, which is the
19 Type II inhibitor, obviously, that we're discussing today.
20 Over the years, we have gone up to very high doses of
21 finasteride for the development of Proscar, our 5-milligram
22 dose. Even up to 80 milligrams of finasteride, you don't
23 actually get more than about the same 70 percent suppression
24 in DHT that you get with even lower doses of finasteride.

1 If it would have an effect on the Type I enzyme,
2 it would suppress DHT even further, probably down to
3 detectable levels. In fact, we have done an experiment with
4 a Type I 5-alpha-Reductase inhibitor which we have, and if
5 you take patients on finasteride who have this 70 percent
6 suppression of DHT and add just a touch of the Type I 5-
7 alpha-Reductase inhibitor, very easily, within a day or two,
8 you can suppress DHT down to the lower limits of
9 sensitivity. So, does that answer your question?

10 DR. MILLER: Yes.

11 DR. KILPATRICK: Joe?

12 DR. MCGUIRE: Dr. Kilpatrick? Oh, I'm sorry; Dr.
13 Tschen?

14 DR. TSCHEN: Was there any effect in these
15 patients, any other methodological effect, as far as
16 decrease in the oiliness of the skin, decrease in seborrhea
17 or seborrheic dermatitis or acne? I know there are
18 differences, but were these questions asked to these
19 patients, if their acne was better or if their skin got
20 drier?

21 DR. WALDSTRAICHER: Right; the question is whether
22 we've asked about sebum production, oiliness of skin or acne
23 in our clinical studies. We did a 6-week study looking at
24 scalp-skin DHT levels, and in those same patients, on 6

1 weeks of finasteride at multiple doses, we also measured
2 sebum output using sebatape, which is an established method,
3 and we did not see a significant suppression of sebum output
4 with finasteride.

5 We also have not observed any reports of acne
6 worsening or improving in either group different from
7 placebo.

8 DR. MCGUIRE: Further questions?

9 DR. KILPATRICK: Joe?

10 DR. MCGUIRE: Yes?

11 DR. KILPATRICK: I should indicate before asking
12 this question that I have been very impressed by the
13 presentation both orally and written today, so, my comments
14 are more concern to elucidate what's going on than to appear
15 to be critical.

16 I'm concerned now with adverse effects,
17 specifically in other than caucasian subjects, and in the
18 briefing book on page 93, table 44, there are approximately
19 twice as many adverse effects, total 16 over 9 in the
20 testosterone treated individuals than in the placebo-treated
21 individuals. The text states, on page 94, that this
22 difference is not significant. I want to ask first of all,
23 were the black and other groups combined to increase the
24 power of the test? Or was this done for each group: black,

1 eight, versus four, and other, eight, versus five?

2 MR. BINKOWITZ: I'm Bruce Binkowitz from Merck
3 Biostatistics.

4 DR. KILPATRICK: Hi. Finally, I got somebody up
5 there who can talk my language.

6 [Laughter.]

7 MR. BINKOWITZ: We did the test a couple of ways.
8 One way was we did an overall test of interaction for all
9 three of the groups--

10 DR. KILPATRICK: Right.

11 MR. BINKOWITZ: --that you see on that page versus
12 that. That was not significant. We then looked at each one
13 of those individually, in other words, two by two tables--

14 DR. KILPATRICK: Yes.

15 MR. BINKOWITZ: --and showed that none of those
16 were significant. We did not do all sets of two out of
17 three.

18 DR. KILPATRICK: I understand. Can you give me
19 some idea of the power of that test, the global test?

20 MR. BINKOWITZ: The global test of interaction?

21 DR. KILPATRICK: The global test of interaction.

22 MR. BINKOWITZ: The power that we did to test the
23 interaction.

24 DR. KILPATRICK: Yes.

1 MR. BINKOWITZ: We used the Breslow-Day test,
2 which is not one of the more powerful tests. I don't have
3 the exact number. The P value overall turns out to be 0.16.

4 DR. KILPATRICK: The next question is do you have
5 any plans to follow up this in a Phase IV? I mean, there is
6 some concern here that not only do blacks and others have
7 less effective, less effect from finasteride, but they may
8 be at a higher risk from adverse effects. Any plans to
9 follow up?

10 DR. STONER: We'll move back from biostatistics
11 back to the clinic, but in the 5-milligram experience with
12 Proscar in this really huge experience that we have in
13 controlled clinical trials, they have been done around the
14 world, and we did do a special study that included a large
15 number of both blacks and Hispanics, and in all of these
16 data, and we've looked at the Asian population as well as
17 the black population separately, there were no differences
18 in safety or efficacy observed in the other populations, and
19 this now represents about 10,000 patients treated around the
20 world.

21 DR. KILPATRICK: Thank you very much; that
22 convinces me.

23 [Laughter.]

24 DR. MCGUIRE: Ms. Cohen?

1 MS. COHEN: I'm looking at women should not handle
2 crushed or broken Propecia tablets. That's very scary when
3 I read that, and I am concerned that, as always, the wrong
4 people take the medication they shouldn't be doing. What
5 kind of education do you anticipate in terms of speaking
6 with pharmacists or giving them information? I can really
7 see some physician writing a prescription for a woman. So,
8 what kind of outreach, what kind of education are you going
9 to do to make sure that the pharmacists understand that--

10 DR. ROSENBERG: Pharmacists are women.
11 Pharmacists are women.

12 DR. KILPATRICK: Women pharmacists.

13 MS. COHEN: I am sorry; you lost me.

14 DR. ROSENBERG: I said the pharmacists are women.

15 MS. COHEN: Yes, now, I get it; I get it. Thank
16 you; I have to admit that I didn't think of that. I give
17 you credit. But in terms of that, I'm very concerned when I
18 read this and knowing what consumers are like, and I just am
19 worried that the wrong people are going to get the
20 medication, and can a pharmacist, in fact, refuse to fill a
21 prescription if it's made out to a woman for this
22 medication?

23 DR. MCGUIRE: Would you like to respond?

24 DR. BLOIS: Yes, David Blois from Merck. I think

1 that we have had experience, as has been alluded to earlier,
2 with the statements that you just read in the Proscar
3 experience, and in our past 5 years, we've found that that
4 has been effective in providing information to women, be
5 they pharmacists, be they caregivers, in terms of people who
6 might be helping to administer the tablet to an elderly
7 gentleman that that has been an effective way in
8 communicating that.

9 It is on the bottle; it's in the package circular;
10 it's in the patient package insert that accompanies Proscar
11 as a product. So, there have been numerous ways of
12 communicating that information.

13 DR. MCGUIRE: I think you have further questions,
14 Susan.

15 MS. COHEN: No, I was just thinking how physicians
16 get their information on drugs, and it's usually the detail
17 man who comes into his office. Is there an outreach
18 program, say, with Merck with pharmacists? Do they go and
19 visit them and discuss these things with them? Or is it
20 just that you hope that they know that women should not take
21 the medication?

22 DR. BLOIS: Well, again, it is our intention to
23 ensure and do all that we can to ensure that the drug is
24 used as we are recommending it; that is, that it be used in

1 men, and we would join with the FDA in doing whatever is
2 necessary to make sure that that message gets across clearly
3 and to the population that needs to hear it.

4 DR. MCGUIRE: Are there further questions about
5 safety and--yes, Dr. Orkin?

6 DR. ORKIN: We're going over this again, but, of
7 course, the Proscar is used for BPH, which is not a
8 situation which occurs in women, and we know that the
9 androgenetic alopecia is exceedingly common in women, and I
10 wonder whether something that, in relation to more specific,
11 perhaps, limitation to pharmacists as in a recent drug that
12 we discussed would be appropriate to--I know several of us
13 are just not comfortable with what we've heard so far.

14 DR. SCOLNICK: My name is Dr. Scolnick. I'm
15 president of the Merck Research Labs, and let me just
16 reassure you that if the committee or the FDA is
17 uncomfortable, we do not want this drug used in women, just
18 as you do not want to use this drug in women. The label
19 will say that; the PPI will say that; the box will say that.
20 And if it is felt to be prudent to tell all pharmacists in
21 the country, as part of the information about Propecia, that
22 the drug is not for use in women, we will be happy to do
23 that, and if there are other prudent, rational ways of
24 reassuring that fact, we will do them, and we will take your

1 suggestions, because we don't want it used in women either--
2 at all.

3 DR. MCGUIRE: Questions?

4 Yes, Dr. Duvic?

5 DR. DUVIC: I just wanted to change the subject a
6 little bit. Suppose a man who's 30 uses Proscar or
7 finasteride for 30 years. Is there an anticipated effect on
8 his prostate gland? In other words, will you reduce the
9 frequency of BPH or prostate cancer? Or have you
10 anticipated such an effect long-term?

11 DR. MCCONNELL: This is John McConnell. Nobody
12 has a 30-year experience with the drug, but several lines of
13 observation here: one is the experiment of nature with the
14 5-alpha-Reductase deficiency state, where we know that there
15 is certainly no further growth of the prostate in that model
16 but also specifically not the development of prostate cancer
17 in any of these men, and Juliane, correct me if I'm wrong,
18 there has not been a reported case of prostate cancer; is
19 that correct?

20 DR. IMPERATO-MCGINLEY: Absolutely, or BPH.

21 DR. MCCONNELL: Or BPH. So, at least in the
22 experiment of nature, there is no evidence of the
23 development of prostatic disease in those men. We also
24 know, from a recent trial that was completed, the so-called

1 PLESS trial, that at least over a 4-year time frame, the 5-
2 milligram dose of finasteride, which reduces prostate volume
3 by roughly 20 percent, appears to prevent any further growth
4 of the prostate from that point from men who are on drug,
5 again, at the 5-milligram dose, and significantly reduces
6 their risk of long-term complications like the development
7 of acute urinary retention, for example.

8 It's unclear whether the 1-milligram dose would
9 have a similar beneficial effect long-term, but it would be
10 hard to speculate that there would be any long-term
11 detrimental effect. So, there may be a beneficial effect,
12 but that would have to be proven in a long-term trial with
13 the 1-milligram dose. Does that answer your question?

14 DR. DUVIC: There's no data on this?

15 DR. MCCONNELL: There's no data.

16 DR. MCGUIRE: Dr. Tschen?

17 DR. TSCHEN: I'd like to know if the patients who
18 responded, also, did they grow hair in other, unwanted
19 sites? I guess, ears, nose or dorsum of the hands? Or
20 would I use it to grow hair in my chest or some other areas?

21 DR. KAUFMAN: Dr. Tschen has asked whether there
22 are effects of finasteride on hair other than on the scalp
23 in patients who had a response in the scalp, and we have two
24 sources of information to answer that question. One is

1 reports of adverse experiences where patients may tell us
2 that they've noticed increased growth of hair on their
3 extremities or on their chest or whatever, and we have
4 essentially equal proportions of patients reporting both
5 increases and decreases in body hair by adverse experience
6 reporting in either finasteride or placebo. So, there is no
7 information provided from the adverse experience review that
8 tells us that finasteride has any effect on non-scalp body
9 hair.

10 We separately conducted a questionnaire in the
11 U.S. Phase III pivotal study where we directly asked the
12 patient whether they noticed any change in hair growth at
13 the beard, at the chest or in the extremities, and the
14 result of that, which is listed in your background package,
15 shows that placebo patients more often than finasteride
16 patients actually reported a slight increase in hair growth
17 in the beard--excuse me, on the chest and on the extremities
18 compared to finasteride. Both treatment groups reported
19 small increases. Placebo was greater than finasteride.

20 Essentially, there doesn't appear to be any
21 clinically significant effect on non-scalp body hair with
22 finasteride therapy compared with treatment with placebo.

23 DR. MCGUIRE: Okay; it looks to me like we're
24 winding down. Are there further questions before we have

1 our lunch break?

2 [No response.]

3 DR. MCGUIRE: Okay; then, I think we break, and we
4 will resume at 1:00, and I have not heard from anyone who
5 wants to speak at the open public hearing, and so, we will
6 begin with the agency presentation at 1:00.

7 [Whereupon, at 11:55 a.m., the meeting recessed
8 for lunch, to reconvene at 1:06 p.m.]

9 - - -

1 A F T E R N O O N S E S S I O N

2 DR. MCGUIRE: The afternoon session of Advisory
3 Committee meeting number 48 will now begin, and as of
4 earlier today, we had no one speaking from the public sector
5 this afternoon. Is that still the case?

6 And so, we'll go right ahead with the agency
7 presentation, and the first speaker is Jonathan Wilkin.

8 DR. WILKIN: Thank you, Dr. McGuire.

9 I have no slides, so, I'll just speak from here
10 and say basically some general comments, and then, Dr. Hon-
11 Sum Ko will get into some of the reviewed details along with
12 Dr. Srinivasan.

13 The first comment I would make is that what the
14 committee is considering is somewhat unique in that
15 generally, the committee is looking at something that has
16 already received a regulatory action letter, and we're
17 coming back and trying to sort things out after the fact.
18 This time around, we're actually in the review process. A
19 regulatory letter has not gone out, and we're trying to get
20 committee input during the year we have to do the review of
21 the data, and that's what the FDA does. The FDA reviews
22 information that the sponsor has provided. And one of the
23 understandings with the prescription drug user fee act is
24 that the new drug application, when it comes in, and it came

1 in last year, would be complete.

2 So, we're looking at the material that was
3 submitted at that time. It is possible that the sponsor has
4 additional information that we do not have. That happens
5 all the time. It's their choice whether, you know, they
6 would want that information to come in, but they may truly
7 have information that will help us answer some of the
8 questions that we're going to be looking into later in the
9 afternoon, and the key thing I wanted to let you know about
10 is you'll need to identify if something is being presented
11 that the agency has not had an opportunity to conduct its
12 own review. That generally does not happen.

13 Having given that introductory statement, it also
14 conveys to you the notion that we're still putting reviews
15 together within the division, and we did receive the
16 sponsor's briefing package early enough that we had a good
17 look at it, and we thought we could add a few slides of our
18 own, and it's not that we agree word-for-word with
19 everything that the sponsor has in there; we would maybe
20 portray something a little bit different, but in general, we
21 do think it's a nice package; it's well-organized. And so,
22 we are comfortable with our slides at the same time that one
23 looks at the sponsor's materials.

24 Okay; so, we don't have a separate--you're not

1 getting our reviews at this time.

2 Next, I'd like to move on to a recurrent theme.

3 At least three of the presenters for the sponsor mentioned
4 5-alpha-Reductase deficiency, the patients who have this,
5 that this is an experiment of nature, and they took us into,
6 I think, a thought experiment on, you know, how we can use
7 that kind of information to think about safety, potential
8 benefits and also causality. And the first item is safety,
9 and we have with us today--the sponsor has with them today--
10 Dr. Imperato-McGinley. We know her through the literature.
11 We do literature searches as well, and what we haven't been
12 able to find, and perhaps later, she could respond to this,
13 is what kind of information do we really know about the
14 health of the patients who have the 5-alpha-Reductase
15 deficiency?

16 That is, we know that they don't live forever, but
17 how do they die? Do we know how they die? Is it really the
18 same way that, you know, everybody else dies, same order,
19 heart disease, these sorts of things? Or does cancer jump
20 up high on the list?

21 The second utility of the 5-alpha-Reductase
22 deficiency as an experiment of nature came with Dr.
23 McConnell, where he talked about potential benefits and made
24 no promises; I thought it was very well-stated, but it was

1 possible that there might be a decrease in BPH in the future
2 in this population because, in the 5-alpha-Reductase, that
3 is, those who take finasteride because those with the 5-
4 alpha-Reductase deficiency experience that.

5 Again, one of the thoughts with both the safety
6 and the benefits is that 5-alpha-Reductase deficiency is not
7 really the same thing as finasteride. There may be other
8 aspects of finasteride, things that are known or even
9 unknown, that could be occurring. There may be a
10 pharmacology that is beyond 5-alpha-Reductase deficiency.
11 Likewise, finasteride doesn't seem to completely suppress;
12 in some of the patients who have the deficiency, it is quite
13 a profound deficiency. They have virtually no detectable
14 activity.

15 The third utility I thought I heard from the 5-
16 alpha-Reductase as an experiment of nature is the notion of
17 causality, and here, I will, as I'm stepping out onto some
18 very thin ice, because I do remember--I have a bachelor of
19 arts, not science--that one of the things we learned at the
20 beginning of class was that I think it was Aristotle said
21 that, you know, wisdom is a--a test of wisdom is to be able
22 to determine and appreciate causality, causal events. So,
23 this puts me on notice.

24 Ever since Aristotle, causality has been a major

1 theme with logicians and philosophers and trying to decide
2 what the rules are, and I think over the last 150 years, the
3 philosophers have mostly spent their time talking about the
4 defects in analysis of causality by other philosophers. So,
5 I'm not sure we've made major advances. But at least for
6 the last 500 years, I think there are fundamentally two
7 mechanisms that have been appreciated, and one is the
8 associational method; the other is the connectional method,
9 and I thought the sponsor picked up very nicely on one of
10 the connectional or the associational methods. John Stuart
11 Mill came up with five canons of causality, and I thought
12 you met one of them, and that's if you don't have the cause,
13 you don't have the effect, and if you don't have
14 dihydrotestosterone, as in the 5-alpha-Reductase deficient
15 patients, you don't have male pattern baldness. So, that
16 was met.

17 And I would love to be able to remember all five
18 of Mill's canons of causation. I can only remember three
19 today. But the idea is that if you can't meet any of them,
20 then, it doesn't work with the associational method. One of
21 the canons was if the cause is present, then, the effect
22 should be present, and we know that there are a lot of
23 people, a lot of men, who have normal dihydrotestosterone
24 levels; who have normal functioning 5-alpha-Reductase, and

1 they have what clinically or, at least, walking down the
2 street, if you see them, they look like they have a full
3 head of hair.

4 So, it actually, that particular canon of
5 causation is not met. And then, there is another one that's
6 either called correlation or the degree canon, and that goes
7 something like if there is a large amount of the cause, you
8 see a large amount of the effect. If you see a small amount
9 of the cause, you see a small amount of the effect, and
10 that's where we would expect to see either 5-alpha-Reductase
11 activity or levels of DHT corresponding directly to the
12 amount of baldness that someone might have, and I don't
13 really think that we have that from the literature or the
14 sponsor, at least, has not shared those data with us.

15 So, that's the associational method. The other
16 method is the connectional method or the scientific method
17 or the mechanistic method, and if you look through what
18 dihydrotestosterone is doing, where it's playing this out,
19 you could even go upstream. You could go to, rather than 5-
20 alpha-Reductase deficiency, you could go to eunuchs.
21 Eunuchs, if castration occurs sufficiently early, there
22 won't be male pattern baldness, and if one goes further down
23 the chain, gets androgens, gets the testosterone, the enzyme
24 is present, gets dihydrotestosterone, then, that permissive

1 factor is there.

2 But what we think is happening, and it comes out
3 in the name: androgenetic alopecia. Genetic refers to
4 genes. It's thought to be autosomal dominant. We have
5 experts here on hair disease that could probably give us a
6 lot more detailed information. It's, I think, thought to be
7 polygenetic, but it is inherited. And what seems to be
8 inherited, because it's not really 5-alpha-Reductase or DHT
9 levels that correlate with baldness, it seems to be a post-
10 receptor phenomenon, that whatever the gene products are
11 that turn on male pattern baldness, they are products that
12 occur after binding of DHT to the receptors. So, it's a
13 post-receptor sort of thing.

14 Having said that, I think the idea of causality
15 was playing into the notion of finasteride treating the--and
16 if you'll pardon the pun--root cause of male pattern
17 baldness and that if did, you know, one could then argue at
18 least because of this protracted thought experiment that you
19 were treating something that might, then, prevent further
20 hair loss, and so, I wanted to address this from that point
21 of view.

22 We have data that we can look at. Dr. Ko will
23 bring this topic up once again, and with that, Dr. Ko.

24 [Pause.]

1 DR. KO: Mr. Chairman, committee members, members
2 from Merck, Federal colleagues of the agency and ladies and
3 gentlemen, from the agenda, you can see that I am supposed
4 to present the medical review. However, at this stage, we
5 are still in the review process, and we haven't had a
6 complete review, and that is why you don't have that in your
7 package. And rather, today, I am going to bring up some of
8 the issues encountered in the medical review which will lead
9 to the questions that you're having to address this
10 afternoon.

11 These are the basic questions for the committee
12 members. The first one is on the generalizability of the
13 presented data. As you have heard this morning from Dr.
14 Weintraub, we do believe that Merck has done a very good job
15 and has had successful study in showing the efficacy of
16 finasteride in the treatment of male pattern baldness.
17 However, there are still some very important issues that
18 need to be addressed, and generalizability of the data from
19 the clinical studies to the target population who will use
20 this drug after marketing has to be properly considered.

21 The second question concerns the claims for hair
22 growth and prevention of further hair loss, and Dr. Wilkin
23 has mentioned that briefly, and I will go into that in a
24 little more detail. Last but not least is a very important

1 issue about the long-term safety in the use of this drug in
2 the younger population, even though we have a different
3 preparation of this drug approved for an older population in
4 the treatment of benign prostatic hyperplasia.

5 As a principle of drug development, one usually
6 tries to explore the treatment effect during Phase II by
7 targeting populations that are most likely to yield a
8 treatment response and then use these data to plan the Phase
9 III trials in which the enrollment should be as inclusive as
10 possible with due considerations being given to the effects
11 on safety and efficacy in different gender, race, age,
12 disease severity, concomitant conditions and medications as
13 well as activities. Therefore, in the Phase III trials, we
14 expect to have studies that are embracing the target
15 population as much as possible rather than restricting to
16 certain patients who may show better response.

17 In the Phase III trials for Propecia, I have
18 listed here some of the criteria for inclusion. The first
19 one is the willingness to use a certain brand of shampoo
20 supplied by the sponsor throughout the study. Second, the
21 inclusion restricts to men between 18 to 40 years of age,
22 ambulatory and in good physical and mental health. The
23 third criterion listed here, being certain degrees and
24 patterns of baldness, as described under the

1 Norwood/Hamilton classification: grades II vertex, III
2 vertex, IV or V in male pattern baldness for the pivotal
3 trials, with moderate vertex balding. And the patients must
4 have had progressive hair loss and/or recent onset of
5 balding within the last 3 years.

6 Now, concerning the first criterion that I have
7 just shown about the specific shampoo required to be used by
8 the patients, we have the following issues: the shampoo is
9 a medicated, tar-based shampoo, which the sponsor was trying
10 to use it for the prophylaxis of seborrheic dermatitis in
11 the patients which might interfere with the assessment.
12 There are no clear directions for use in the clinical
13 studies, and, therefore, we have the following questions
14 that need to be thought over: since it is used for the
15 prophylaxis of seborrheic dermatitis, does it have any
16 effect of the pilosebaceous unit? And does it have an
17 effect on the assessment of the treatment response through
18 staining of cosmetically unimportant hair, since this is a
19 tar-based shampoo? And how would the labelling really
20 address this concomitant usage?

21 Concerning the other two issues about
22 generalizability, I just mentioned that during an earlier
23 stage of the development of the drug, interaction between
24 the agency and the sponsor resulted in the sponsor agreeing

1 to consider expanding eligibility to broader age and
2 Hamilton classifications in the Phase III program. However,
3 we still, in the Phase III trials, had men with certain age
4 limitations and degree and pattern of baldness restrictions.

5 This slide just shows you the actual mean age of
6 the enrolled patients and the range in the two pivotal
7 trials and the third one for the--the third trial for
8 frontal baldness. We see that the age really ranges between
9 18 to 41, and the mean is in the low thirties. So, one of
10 the things that you committee members may need to address is
11 how are we going to handle this kind of restriction in the
12 label? Again, concerning the Norwood/Hamilton
13 classification, there are certain classes or grades that
14 were required for enrollment, and you have seen this picture
15 earlier or a similar one by Dr. Kaufman.

16 Here, the blue dots indicate the Norwood/Hamilton
17 grades required for the pivotal studies, while the boxed
18 patterns are for the frontal baldness trial. As you can
19 see, the enrollment has limited the patients to
20 classifications that are not the severest for the vertex
21 pattern baldness, while for frontal pattern baldness, you
22 have basically those that are having a very mild degree of
23 balding. Again, how to handle this in the label is one of
24 the issues that will face both the agency and your committee

1 members.

2 This just shows you, in the two pivotal trials,
3 again, the enrollment involves Hamilton grades II vertex,
4 III vertex, IV and V without VI and VII, and most of those
5 are within the III vertex, IV and V. The next issue
6 concerns the frontal balding. A symptoms have seen in the
7 earlier slide about enrollment, the boxed area shows the
8 degree of severity which the patient is enrolled into this
9 particular study: 092. And the enrollment result is shown
10 in this slide. You can see that over 50 percent of the
11 patients also had vertex pattern baldness. Now, II vertex
12 and III vertex constitute over 60 percent in the finasteride
13 group of 166 patients. It's 50 percent in the 160 patients
14 of the placebo group, so that the total is about 55 percent
15 of the 326 patients.

16 Also, you have seen this slide earlier this
17 morning from the sponsor in which they have shown you their
18 definition of frontal baldness, and by frontal, using the
19 scale developed by Dr. Savin, it actually overlaps with the
20 mid area. So, this is frontal, and that is mid area. So,
21 in fact, most of the area anterior to the vertex will be
22 considered frontal in this study, and that gives us a
23 problem as to how exactly to analyze the data to show that
24 it's really supporting frontal rather than both frontal and

1 mid-region scalp.

2 This slide shows the hair count data in study 092,
3 and there is a definite positive treatment effect by
4 finasteride, and you can see that it's up to 6 percent in
5 the first 12 months, but most of the effect is seen in the
6 first 6 months, and in the next 6 months, the increase is
7 less compared with the first 6 months. Interestingly, the
8 placebo group also had some increase between month six and
9 month 12.

10 Apart from the hair count data, which is one of
11 the primary parameters for these clinical studies, there is
12 a co-primary endpoint which is the patient self-assessment.
13 Unfortunately, in this study, 092, the patient assessment
14 questionnaire is almost the same as the patient assessment
15 questionnaire for the vertex pattern baldness apart from
16 subtracting one question that involves the balding spots at
17 the top of the head, and it is very difficult to interpret
18 the answers to the questions, as they are not necessarily
19 pertaining to frontal baldness, except for one question, the
20 question 4-A, which deals with the appearance of the frontal
21 hair line.

22 It is a five-point scale which has been rescaled
23 by the sponsor so the neutral is in the middle with
24 positive response and negative response being satisfied or

1 not satisfied. As you can see, there is a definite
2 treatment effect, although it's mostly around zero. You
3 have seen the histograms which show the responder analysis.
4 Now, that gives you the idea of all positives or all
5 positives in the finasteride group and all positives in the
6 placebo group regardless of the degree of positivity. So,
7 it may be more appropriate to look at another endpoint in
8 this study which was collected by the sponsors while using
9 the Savin scale, because that can address more appropriately
10 the different areas rather than investigators' assessment,
11 because the investigator assessment asks a question which,
12 in my opinion, is very difficult to interpret.

13 The investigator is supposed to answer the
14 question: as the investigator, how would you subjectively
15 rate the patient's hair compared to baseline, and this is
16 not specifically addressing the frontal condition.

17 The Savin scale is a balding scale which gives
18 increasing numbers with increasing baldness, so that a
19 decline indicates decreasing baldness. And this scale
20 measures six things. It measures three regions: the
21 frontal, mid-area and vertex. And in each of these, there
22 is a measurement of density and the pattern. This slide
23 shows you the treatment effect on frontal density. Again,
24 you can see that the treatment effect is definite but small,

1 and it's mostly around scale IV, which is somewhere in the
2 middle.

3 For the frontal pattern, this is also showing a
4 very small treatment effect, although again, this is a
5 definite improvement from time zero to third month. After
6 that, the line looks somewhat flat. Since the response's
7 frontal definition involves mid-area, we also looked at the
8 results on the mid-area density. This shows a similar curve
9 with very small treatment effect but definite and the mid-
10 area pattern, which by month 12 looked almost
11 indistinguishable.

12 The sponsor has also collected data on the global
13 photographic assessment for this study. In the global
14 photographic assessment, the protocol states that three
15 types of photographs are taken from the frontal, anterior
16 and temporal regions, and so, I would have more confidence
17 in the interpretation of the global photographic assessment
18 as compared with the investigator assessment, which was
19 addressing a rather non-specific question.

20 The global photographic assessment was handled by
21 a panel of three dermatologists who read those photographs
22 in comparison with a baseline picture, and these are the
23 scores given by the three dermatologists for this study.
24 Again, you can see a definite treatment effect. However,

1 one of the dermatologists did not exactly agree very well
2 with the others for the month six to month 12 change, and
3 so, we do know that there is a positive treatment effect,
4 but there is some disagreement among the panel.

5 So, to sum all this up about the frontal baldness
6 study, these are the issues that we would like to be
7 addressed. The study enrolled very mild degrees of frontal
8 baldness patients, with over 50 percent of them having
9 concomitant vertex baldness, which may complicate the
10 patient self-assessment and investigator assessment to the
11 question that they had to answer. There is a small
12 treatment effect shown in the frontal baldness studies, but
13 we are very perplexed with this last item, which is not the
14 least being the frontal includes both actual frontal and
15 mid-area scalp, so that it is not certain which patient
16 exactly had the frontal area addressed in this study.

17 The next item that I would bring up for the
18 committee members is about the claim from the sponsor in the
19 treatment for increase for hair loss and prevention of
20 increase in hair growth and prevention of further hair loss.
21 There was an end of Phase II meeting in November 1994 in
22 which the agency agreed that the proposed clinical
23 development plan does not necessarily support an indication
24 for the prevention of further hair loss as proposed by the

1 sponsor, but demonstrating an overall increase in the number
2 of hairs on the scalp does not necessarily indicate that
3 further loss of hair had been prevented.

4 Now, this morning, Dr. Kaufman has shown you a
5 diagram about the hair cycle. I'm just reshowing the hair
6 cycle diagram in order just to make the point that to grow
7 the hair, you also need to have the old hair shed, and in
8 the treatment of male pattern baldness, the undesirable
9 hair, of course, is the vellus hair, which has a shorter
10 hair cycle, so that it will be shed and lost when you grow
11 your new, stronger, terminal hair.

12 This diagram has been shown in your briefing
13 package and also again shown in the slide by Dr. Kaufman
14 this morning. It gives putative mechanism of finasteride
15 action. By blocking dihydrotestosterone, the finasteride
16 will putatively prevent the progressive miniaturization of
17 the hair follicle and perhaps can reverse the process so
18 that the vellus hair follicle will eventually be replaced by
19 a terminal hair follicle.

20 Now, a couple of points I would like to make on
21 this side: first, although this is one possible mechanism
22 that the action of finasteride may be local at the hair
23 follicle, we really do not have definite evidence that it is
24 working right there. As you remember, one of the answers

1 this morning was that the actual hair has not been assayed
2 in terms of 5-alpha-Reductase, and that the change in the
3 hair follicle is progressive. It is through a number of
4 hair cycles, not that the terminal hair becomes a vellus
5 hair or a vellus hair becomes a terminal hair, but rather,
6 there are cycles in which you have to shed the cosmetically
7 less important hair to yield the more important hair.

8 Again, another point about the effect of
9 finasteride. As I just said, we do not have clear evidence
10 that it is working at the level of the hair follicle. At
11 the same time, we know that, as you have seen earlier this
12 morning in the data, that the finasteride use will drop
13 serum DHT level by two-thirds. We do not know what
14 contribution of the serum drop of DHT and the contribution
15 of local effect of finasteride is in the hair follicle.

16 The methodologies used in the Phase III clinical
17 trials involve an objective assessment of hair count and
18 several subjective assessment: patient self-assessment
19 questionnaire, investigator assessment, and the photographic
20 globals. Now, the hair count data is very useful, and it
21 provides us with the information on the net change in the
22 number of hairs in the target area being counted, which is
23 equal to the newly-detected hair minus the hair shed, while
24 the subjective assessments are all involving comparison with

1 baseline conditions. So, in all these cases, we are dealing
2 with both growth and loss at the same time, and it's very
3 difficult to sort out whether we have decreased the hair
4 loss, because you may have both an increase of hair growth
5 and loss in terms of a general increased turnover which may
6 be necessary for the cosmetically more important hair to be
7 shorn and counted.

8 Now, I'm just going to show you some of the data
9 involving hair loss presented by the sponsor. You have this
10 picture in your briefing package. It's on page 33, figure
11 nine. This shows a responder kind of analysis for the
12 percentage of patients who had any positive response, no
13 matter how small the treatment effect may be. We do see the
14 treatment effect of finasteride and placebo, and, as
15 explained by Dr. Kaufman, there is substantial placebo
16 effect in this kind of assessment.

17 It appears that the inclusion of a zero time point
18 here is a little misleading, because these are comparisons
19 with baseline, and the data really starts to be collected
20 from month three, so that inclusion of a baseline shows
21 really somewhat dramatic increase at month three. If you
22 look at the data slightly differently, using the actual
23 scoring system in this slide, you will notice that, again,
24 finasteride has a definite treatment effect compared with

1 placebo. I would mention here that the scale from -3 to +3
2 here has been rescaled by the sponsor. The patient actually
3 responded to the questionnaire with a seven-point scale from
4 1 to 7, and this is rescaled just to show that negative is
5 worsening, and positive is better.

6 If you look at the respondent analysis by the
7 sponsor, these were the two curves that you have seen in an
8 earlier slide and also in your briefing package that I just
9 mentioned. These include all the responders, no matter how
10 small the treatment effect is. But we are also interested
11 in seeing those who have better than just a very small
12 improvement, and so, I'm showing you here curves for
13 finasteride and placebo for those patients who show both
14 somewhat better and a lot better responses and those that
15 show the best response, a lot better responses.

16 This slide shows that if you include any
17 positivity, you will see a very dramatic improvement, but if
18 you look at those with a lot better at the end of 12 months,
19 then, although there is a definite treatment effect, the
20 difference is substantially smaller.

21 This slide shows the reverse of the last slide, in
22 the sense that I'm showing those with no change and
23 worsening. You can see that most of the patients in both
24 groups were in the no change area, and people who got more--

1 who get higher degrees of worsening or any worsening are not
2 that many. So, that was one of the questions on--about hair
3 growth. It was on hair appearance to the patient.

4 The next question is about the actual hair growth
5 as perceived by the patient. This is also in your briefing
6 package as an all-responder analysis, anyone who had a
7 positive effect. Again, finasteride has shown a definite
8 treatment effect compared with placebo, starting about -3.

9 But if you look at the actual scores, also, you
10 will see that these mean scores are showing mostly within
11 the zero to one region, with a definite but very small
12 difference between treatment and placebo. This slide is
13 similar to the one on question two, and I am not going to
14 belabor the whole process again, just to indicate to you
15 that the top two curves are similar to what you have seen in
16 the package and given by the sponsor, but we would also like
17 to see higher degrees of response with both finasteride and
18 placebo and the reverse of the condition, those with no
19 change or a worsening.

20 So, it seems that there is a definite treatment
21 effect for finasteride in increasing the hair growth. Now,
22 we come to question number four, which handles slowing down
23 of hair loss. This is, again, an all-responder analysis, as
24 shown in your package, finasteride and placebo, showing that

1 there is a substantial treatment effect when all patients
2 who had positive answers are shown. This slide shows the
3 actual mean scores for the hair loss question. There is--I
4 have some issue with this particular question because the
5 question in the questionnaire was using a four-point scale
6 in which the patient had to respond with answers one to
7 four, and in the analysis, this has been rescaled so that
8 there is an addition in between the two middle responses,
9 and so, you have a five-level answer in this particular
10 question.

11 And so, basically, what you are seeing here,
12 between minus one and one, was seen by the patient as a one-
13 level difference, and here, we have a two-level difference.
14 And since most of the treatment effect is around the zero
15 area, this has been presumably magnified.

16 I think I am not going to show this confusing
17 slide, because this is similar to what you have seen in the
18 slides for hair growth, and it just indicates to you that
19 most of the responses that you saw with the all-responder
20 analysis at the higher level will be seen lower when you
21 look for those who have the best responses.

22 So, concerning the prevention of hair loss, this
23 is one of the issues that we would like your advice. As the
24 evaluations and the clinical trials provide data on a net

1 change in scalp hair condition, can these methods of
2 assessment adequately assess the turnover of hair so as to
3 support the claim of prevention of further hair loss? We
4 understand from some of the slides presented this morning
5 that in the extension trials after the first year, by the
6 end of 24 months, there is a maintenance of the treatment
7 effect in the finasteride group but no additional increase,
8 and again, we have to bear in mind that this is a dynamic
9 process in which, to get the cosmetically important hair to
10 appear and be counted, then, you need to have the shedding
11 of the cosmetically less-important hair, and so, I would
12 just leave that part for your subsequent discussion.

13 Now, I'm coming to the issue of safety, this last
14 question on your list. The clinical trials for Propecia
15 include men with a mean age in the low thirties. This is,
16 in fact, one of the slides you have seen earlier, because
17 the enrollment is basically between the age of 18 to 41.
18 The sponsor has accumulated a lot of safety information on
19 the 5-milligram preparation of finasteride, Proscar, and, as
20 you can see here, the long-term placebo-controlled studies
21 for Proscar involve patients whose mean age is actually
22 doubled that for the Propecia group.

23 And so, this is somewhat worrying, whether the
24 data from this older age group can easily be extrapolated to

1 the younger age group, because there may be different
2 concerns. The drug-related sexual adverse experiences for
3 finasteride in the Propecia trials are between 1 to 2
4 percent, including decreased libido, ejaculation disorder,
5 which usually is a decrease in ejaculation volume, and
6 erectile dysfunction. This is about half of that for the
7 Proscar group, but we have to bear in mind also that this is
8 a group of patients who are younger, and any impairment of
9 fertility may not be as acceptable as in the older age
10 group.

11 And there are a number of factors that can affect
12 the male fertility: change in libido and erectile
13 dysfunction; these, we cannot address in detail at this
14 point, because there are no further studies by the sponsor
15 except from the sexual function questionnaire in the
16 clinical trials. The sponsor did perform an additional
17 safety study, 094, in which they also evaluated the change
18 in ejaculatory volume. Changes in the spermatogenesis have
19 not exactly been evaluated, apart from the analysis of the
20 semen parameters in study 094.

21 Now, this slide shows you some of the data in that
22 particular safety study, which is 48-week treatment with 1-
23 milligram finasteride in normal individuals and followed up
24 to see reversibility of any changes if detected. The

1 sponsor used a larger sample size for the prostate volume
2 assessment but used a smaller sample for looking at
3 ejaculatory volume and the semen parameters, and the
4 conclusion from the sponsor was that really, there are not
5 significant differences between the treatment groups.
6 However, we have some issues in the powering of this part of
7 the 094 study, and at this point, I will call on Dr.
8 Srinivasan, our statistician, to address the issue of
9 powering in this study.

10 DR. SRINIVASAN: Thank you, Dr. Hon-Sum.

11 I'm going to discuss the statistical approach
12 which we thought correct to study the effect of finasteride
13 on the semen production, giving the results of the safety
14 study 094. The advisory committee briefing document and the
15 label provided by the sponsor and today's presentation by
16 Dr. Kaufman all have a pervasive problem. The results of
17 the safety study 094 are presented as supporting the claim
18 that there is no difference between finasteride 1 milligram
19 and placebo relative to semen production. The sponsor's
20 conclusion is based on the P values that are shown in table
21 51 on page 103 of the advisory committee document.

22 However, the P value alone is inappropriate for
23 demonstrating no difference, that is, equivalence. If an
24 inadequate sample size is used, then, the hypothesis of no

1 difference will be erroneously accepted on the basis that P
2 is larger than 0.05, even if the true difference is
3 considerable. This is what we call type II error. In all
4 of the safety analyses, we are more concerned about type II
5 error, that is the probability of roundly accepting the
6 hypothesis of no difference when, in fact, there exists a
7 difference.

8 The P value approach is also not in tune with both
9 the sponsor's protocol and the ICH guidelines. We will
10 illustrate this on the example of ejaculate volume. The
11 protocol of study 094 is consistent with the ICH guidelines,
12 and it requires that the decision rule on the effect of
13 finasteride on ejaculate volume should be based on the 90
14 percent confidence interval. According to the protocol, the
15 minimal clinically important difference relative to
16 ejaculate volume is 10 percent. Slide one, please.

17 Let us denote the difference as the true
18 difference between finasteride 1 milligram and placebo
19 relative to median percentage change in ejaculate volume
20 from week 48 to baseline; that is the null hypothesis, H_0 ,
21 is the difference is less than -10 percent, or the
22 difference is greater than +10 percent; that is, there is no
23 difference, against the alternative H_1 , that the absolutely
24 value of the difference is less than 10 percent; that means

1 no difference. So, we are trying to test there is
2 difference against no difference. Second slide, please.

3 In this case, the decision rule is as follows: if
4 the 90 percent confidence interval for the difference in the
5 median percentage change falls within plus or minus 10
6 percent, then, reject H_0 and accept H_1 , that is, conclude
7 that there is no difference between finasteride and placebo
8 relative to ejaculate volume. However, if the 90 percent
9 confidence interval falls outside these plus or minus 10
10 percent limits, then, the data support H_0 , and we cannot
11 reject H_0 ; in other words, the data fail to support the
12 claim of no difference between the treatment groups.

13 Let just look into the results of study 094.
14 Slide, please. The following is a quotation from the NDA
15 2788 results on ejaculate volume in study 094, especially
16 paragraph four on page 6,726. The slide reads as follows:
17 the 90 percent confidence interval for the median difference
18 was lower-limit -10.4 percent, upper limit, 13.1 percent.
19 This confidence interval includes plus or minus 10 percent,
20 which was the minimal clinically important difference stated
21 in the protocol. Therefore, it cannot be concluded that the
22 difference between the two treatment groups was less than
23 the 10 percent clinically important difference.

24 All other analyses also fail to support the claim

1 of no difference between finasteride and placebo relative to
2 ejaculate volume. The table on this slide shows that at
3 both weeks 24 and 48, in both protocol and ITT populations,
4 for both median and mean, all the lower bounds in the 90
5 percent confidence intervals for the difference between
6 finasteride and placebo fall beyond 10 percent, which was
7 the clinically important difference. Can you just show the
8 lower limits? The lower limits are all -12.2, -10.4, -13.5,
9 -12.5, -15.5. The first one is for week 24; the rest of
10 them are all for 48 weeks.

11 Therefore, the data in study 04 do not support the
12 claim that the true difference between the treatment groups
13 relative to ejaculate volume is less than 10 percent.
14 Unfortunately, this correct conclusion was not later
15 mentioned by the sponsor. The advisory committee document,
16 pages 102-103, does not present the 90 percent confidence
17 intervals as required by the protocol. Instead of the 90
18 percent confidence interval, the sponsor showed a P value
19 equal to 0.9, which, alone, is not appropriate for
20 demonstrating no difference that is equivalence. The
21 sponsor's conclusion throughout the document and on page 6
22 of the label is the effect of Propecia on ejaculate volume
23 was not different from that seen with placebo. This
24 conclusion is not supported by the data.

1 A correct conclusion should be as follows. Next
2 slide. The results of the safety study 094 fail to support
3 the claim that there was no difference between finasteride
4 and placebo relative to ejaculate volume. This may be due
5 to an inadequately small sample size, 37 patients on
6 finasteride and 30 patients on placebo. The reviewer for
7 this submission is Dr. Valeria Friedlena, and she did the
8 power calculations based on mean percentage change and found
9 that for this sample size, 37 and 34, of course, she took
10 the placebo mean change as -6.3; the standard deviation is
11 35.5, and just for the fun of it, we did the one-sided
12 alpha; for the two-sided, it is going to be even less. So,
13 just for the fun of it, she did that. The power to detect a
14 10 percent difference was only 30 percent. This means that
15 the probability of type II error, that is, to say that there
16 is no difference when actually there is a difference, is 70
17 percent. Normally, FDA requires the type II error to be
18 less than 20 percent.

19 Of course, power analysis for medians can yield a
20 slightly higher power. That's what the sponsor has done.
21 But this power will be definitely less than the required 80
22 percent power. This is our thought. Thank you. I will
23 pass on the podium back to Dr. Hon-Sum to continue.

24 [Pause.]

1 DR. KO: Thank you very much.

2 We are very interested in this particular issue of
3 the ejaculate volume, because it relates to male fertility.
4 As you have heard earlier this morning about patients with
5 5-alpha-Reductase deficiency, they may be fertile, and only
6 some of the patients who had undescended testes are
7 infertile. It is also clear that these patients have very
8 small prostate and very little secretions from the prostate
9 and seminal vesicles, and that may be one of the factors
10 contributing to infertility.

11 Okay; I mentioned also the issue on
12 spermatogenesis. Again, you heard this morning about 5-
13 alpha-Reductase deficiency in which there are patients who
14 are able to father children, and I understand from Dr.
15 Imperato-McGinley's publication that there are a number of
16 patients who have had normal spermatogenesis. On the other
17 hand, there are also reports indicating that there is
18 impairment of spermatogenesis in some of those patients.
19 The problem is that 5-alpha-Reductase deficiency is a very
20 heterogeneous syndrome. We know that the 5-alpha-Reductase
21 Type II gene has a large number of possible mutations, which
22 may result in different types of enzyme produced with
23 varying degrees of activity. So, you may have different
24 degrees of virilization and fertility, and so, it's really

1 hard, very hard, to conclude just from one set of data to
2 say that this enzyme is not important in spermatogenesis,
3 and a recent publication did show in animals that inhibition
4 of 5-alpha-Reductase activity can impair testosterone-
5 dependent restoration of spermatogenesis in the animals.

6 While this slide just shows one of the
7 publications in which people found evidence of abnormal
8 spermatogenesis, including maturation, arrest, low sperm
9 count and decreased sperm motility in 5-alpha-Reductase
10 deficiency, which should really give us some cautious note.

11 In the study 094, the sponsor also looked at the
12 effects on bone with finasteride treatment. Again, the
13 sample size is rather small, but the study has shown
14 evidence of increase in bone mineral density, although this
15 is not statistically significant, and the end telopeptide of
16 collagen in urine is significantly decreased compared with
17 the placebo group, and also, the bone specific alkaline
18 phosphatase level has a significant difference between
19 finasteride and placebo group, although this is very hard to
20 conclude because there is a big elevation in placebo.

21 The issue that we have here is this: if it is
22 real that there is a positive effect on bone mineral
23 density, what exactly will be the effect in the long-term?
24 Is it beneficial or harmful? And I think this is something

1 that needs consideration, as we understand that these
2 patients may be using the drug for many, many years. It is
3 not like in the clinical trial 094, where they will use for
4 only 48 weeks and then stop to see reversibility of the
5 parameters.

6 This morning, you have heard and also had
7 questions on breast pathology, and our question is whether
8 the effect of finasteride on the hormonal system in the body
9 that affects testosterone and estradiol may cause some sort
10 of imbalance to give rise to such symptomatology.

11 It is known, and I think this is one of the
12 studies done by the sponsor, that finasteride in very high
13 doses may induce Leydig cell tumor in mice. Recently, there
14 are reports that human prostate cancer cell lines which have
15 become repressed by androgens can be suppressed by
16 dihydrotestosterone and yet stimulated by finasteride when
17 they are put into the nude mouse system, which has been used
18 now for a number of years to assess prostate cancer cell
19 lines. So, in this respect, we have to bear in mind that
20 even in the younger population, if you look at the prostate
21 glands in the earlier decades of life, there may still be
22 evidence of intraepithelial neoplasia, and there may be even
23 invasive cancer in the younger age group, and the long-term
24 treatment of the patients with finasteride, by suppressing

1 the androgen effect for dihydrotestosterone is, at this
2 stage, unknown, and so, one has to bear this in mind.

3 Also, in this year, there is a report showing that
4 in a patient treated for benign prostatic hyperplasia, there
5 is an occurrence of severe reversible myopathy associated
6 with finasteride use, and this was clinically and
7 histologically resembling glucocorticoid-induced myopathy.

8 At this point, I would just like to remind you
9 that finasteride, the molecule, is a steroid-like molecule,
10 and it may have steroid-like properties. And again, as Dr.
11 Wilkin had addressed earlier this point, the presence of
12 finasteride is not the same as the absence of 5-alpha-
13 Reductase II enzyme, because you have an extra pharmacologic
14 agent present; and that 5-alpha-Reductase II is not an
15 enzyme that is specific just for conversion of testosterone.
16 It has other steroid hormonal substrates which are possible,
17 and included in that would be progesterone; you can have 5-
18 alpha-Dihydroprogesterone, and in one of the recent
19 publications, it is known that dihydroprogesterone, the
20 effect on the nervous system is probably the factor mediated
21 for progesterone, because finasteride can abolish the effect
22 of progesterone and not dihydroprogesterone, and also, you
23 can see that dihydrotestosterone also has an effect on the
24 expression of this particular gene in the nervous system.

1 So, to again reiterate the point that 5-alpha-
2 Reductase II may have other substrates besides testosterone,
3 and I have not the time to go into others like cortisol and
4 aldosterone, which also have 5-alpha metabolites which may
5 have activities.

6 Now, I am going to give my summary slide that
7 leads back to the questions that we would like you to
8 address about the effect of Neutrogena T-Gel shampoo and how
9 to handle this in the proposed labelling. Also, the
10 restriction in the clinical trials for the different age
11 groups and degrees of male pattern baldness and also how to
12 address this in the labelling; the effect on frontal
13 baldness; the claim on the prevention of further hair loss
14 and long-term safety.

15 Thank you for your attention.

16 DR. MCGUIRE: Do the members of the committee have
17 any questions they wish to direct toward the agency, any of
18 the previous three speakers?

19 Ms. Cohen?

20 MS. COHEN: Did you say it had a steroid-like
21 effect, finasteride? Did you say that?

22 DR. KO: It is a steroid-like molecule, and in one
23 application, it was associated with a myopathy similar to a
24 glucocorticoid-induced type of myopathy. That's to the

1 extent that we know.

2 MS. COHEN: Would it affect a diabetic?

3 DR. KO: I am not aware that that one was
4 diabetic.

5 DR. MCGUIRE: Yes, please, go ahead.

6 DR. STONER: We certainly agree that the backbone
7 of finasteride is a steroid molecule, but when we began both
8 the animal studies and the clinical studies going back to
9 the early 1980s, we looked very carefully in every organ
10 system possible to see if, in fact, there were any steroid-
11 like effects, and I can assure you that there are none. We
12 did a special study in diabetics in which there was no
13 effect at all on glucose tolerance or hemoglobin A1C. We
14 did ophthalmologic exams in the patients in the BPH studies
15 to look for potential effects in the eye, and there is this
16 one case report that did appear in the literature in the
17 last year, but there have been no other reports at all
18 except for the one case report, and this is now based on
19 almost 4 million patient treatment years of experience in
20 the market.

21 DR. KILPATRICK: Joe?

22 DR. MCGUIRE: Yes, go ahead. This is Dr.
23 Kilpatrick.

24 DR. KILPATRICK: I'd like to ask Dr. Ko or perhaps

1 one of the Merck consultants what the clinical significance
2 of a reduction in ejaculate volume is. Is this a risk
3 factor for some other thing? I'm trying to get a handle on
4 this.

5 DR. OVERSTREET: My name is James Overstreet from
6 the University of California. I will not speak to the
7 statistical issues that were raised about these data. I
8 think other members of the Merck team will do that if it's
9 appropriate. With regard to ejaculate volume, I think that
10 the main thing to understand is that all of these values are
11 well within the normal range for fertile men; in fact, these
12 studies were designed to enroll men with normal semen
13 parameters because we wanted to see whether, in the course
14 of four spermatogenic cycles, this drug would affect
15 testicular function, epididymal function, accessory gland
16 function.

17 And, in fact, there was very little change, and in
18 no case did these parameters move out of the normal range
19 that we would expect to see in fertile men. With regard to
20 the importance of the ejaculate volume in fertility, I think
21 that most fertility experts would suggest that this is
22 probably one of the least important parameters in the semen
23 evaluation, as long as there is sufficient ejaculate volume,
24 and by that, I mean an amount one-half to one-quarter of

1 that seen in the patients in this trial, we may raise some
2 concern.

3 What is the function of the ejaculate volume? The
4 function is to deliver the sperm cells to the reproductive
5 tract. Certainly, one ml of ejaculate is more than
6 sufficient to do this. I want to also address this issue
7 while I'm at the podium regarding effects on
8 spermatogenesis. Again, the design of this trial was normal
9 men, four cycles of treatment; do we see any effect?
10 Clearly, we saw no effect. Is this measure, and the most
11 important measure is total sperm number per ejaculate, is
12 this a realistic, valuable measure of spermatogenesis? It's
13 the best we can do in a clinical trial of this type. It is
14 a good, given the frequency of analysis of ejaculates in
15 this trial, this is a very good measure of daily sperm
16 production, and there was no change in that and, in fact, we
17 saw a greater change in the placebo group, and this was a
18 reflection of normal variation. It's well-known that there
19 is normal variation in sperm production of fertile men.

20 Our methods were sufficiently sensitive that we
21 were able to detect these normal variations and to
22 demonstrate the lack of change in the treated men, and I'll
23 remind you again also that there are extensive preclinical
24 studies in several animal models that showed absolutely no

1 effect on spermatogenesis. So, as a clinician, I would have
2 no concern that the changes we saw in the treated men would
3 lead to any decrease in their fertility.

4 DR. ROSENBERG: May I ask a question?

5 DR. MCGUIRE: Yes, Bill.

6 DR. ROSENBERG: Were the number of conceptions in
7 the 2-year trial of your subjects smaller than the expected
8 number out of that many subjects of that age over that
9 period of time?

10 DR. OVERSTREET: My understanding is that the
11 individuals in the trial were actually discouraged from
12 attempting fertility. So, given that prescription against
13 that, I'm not sure that we can--

14 DR. ROSENBERG: So, they were told not to achieve
15 conception--

16 DR. OVERSTREET: I believe that's true.

17 DR. ROSENBERG: --during the trial. So, we don't
18 really know, then, what the effect of this would be in--we
19 have no human data.

20 DR. OVERSTREET: All we can say is the number of
21 pregnancies which did occur spontaneously, given those
22 instructions in the placebo group and in the treated group
23 were not different, although the numbers were small.

24 DR. MINDEL: Excuse me; I asked that question

1 before and was told that there was no information or data.
2 I asked whether there was any information about the
3 fertility rate, and the answer was, I believe, that it
4 wasn't asked, and it wasn't existing.

5 DR. MCGUIRE: Before you leave the podium, would
6 the previous speaker identify yourself? I think some of us
7 didn't catch your name.

8 DR. OVERSTREET: James Overstreet, University of
9 California.

10 DR. KO: Can I just answer Dr. Kilpatrick's
11 question--

12 DR. MCGUIRE: Dr. Ko?

13 DR. KO: --before going into this?

14 DR. MCGUIRE: Go ahead.

15 DR. KO: You asked what the clinical significance
16 is.

17 DR. KILPATRICK: And the question was not answered
18 as explicitly as I would like. Implicitly, there is no--I
19 take it from Dr. Overstreet that there was no--that decrease
20 in ejaculate volume was not an indication of something else.
21 That's what I was getting at.

22 DR. KO: Okay; to address your question, I do
23 realize that taken as a whole, the data may not look
24 significant, but we are going to deal with individual

1 patients, and there may be patients who are borderline
2 subfertile. And so, any additional push in the wrong
3 direction may make them infertile. Also, the question about
4 infertility in the clinical studies, I don't think this
5 would necessarily be reported, because in the first
6 instance, they are not allowed to father children, and
7 secondly, it would be difficult to perceive that to be
8 reported as an adverse event. So, that would be my answer.

9 DR. OVERSTREET: Can I be more responsive to the
10 question--

11 DR. MCGUIRE: Yes, go ahead.

12 DR. OVERSTREET: --on ejaculate volume?

13 To my knowledge, this finding implies no other ill
14 effects in the male, either reproductive or otherwise.

15 DR. KILPATRICK: Thank you.

16 DR. MCGUIRE: Dr. Kaufman, you were--

17 DR. MILLER: Joe, can I ask one question?

18 DR. MCGUIRE: Yes; Dr. Miller.

19 DR. MILLER: Excuse me; Dr. Overstreet, was there
20 a progressive downward trend in the ejaculate volume over
21 the 2-year period, or don't we have that data, those data?

22 DR. OVERSTREET: Yes; I think Dr. Kaufman can show
23 you those data, and I will respond to further questions.

24 DR. KAUFMAN: If I can first just clarify the

1 comments about the data on fertility in the clinical trials,
2 in response to a previous question, I indicated that we
3 obviously have the anecdotal reports that we collected from
4 the clinical trials, meaning that patients who had a
5 pregnancy in a partner--I think Ms. Cohen actually asked
6 that question earlier--we collected information, and there
7 were more cases of pregnancies in patients on finasteride
8 than on placebo, but that may have just been a chance
9 occurrence in the clinical trials.

10 The reasons why patients were advised not to
11 father a child is due to the lack of sufficient information
12 about the safety of finasteride in semen. So, at the time
13 of the original initiation of the Phase III trials, patients
14 were discontinued if they impregnated their partner, because
15 we lacked adequate animal data at that time in terms of the
16 safety of finasteride levels in semen, which were very low,
17 but further safety data now has identified that that is not
18 a risk, and that's no longer a requirement for the study.

19 In answer to the question about the ejaculate
20 volume in protocol 094, can we show the slide from protocol
21 094 for ejaculate volume at week 48?

22 [Pause.]

23 DR. KAUFMAN: What we have here is both the
24 ejaculate volume on the left and the total sperm per

1 ejaculate in the same patients on the right, measured as a
2 median percent change from baseline. So, here is the
3 percent change from baseline with the 95 percent confidence
4 interval for both of these parameters, and the baseline
5 ejaculate volume and sperm counts are listed.

6 As you can see, there is no trend at all with
7 increasing time of any further decreases in ejaculate
8 volume, and, in fact, the placebo and finasteride groups are
9 essentially identical at week 48, and for total sperm count
10 at week 48, actually, placebo is numerically lower than
11 finasteride, but the confidence intervals overlap,
12 indicating the lack of effect.

13 Can we see the same data at week 108? This trial
14 was continued for an additional 60 weeks during a
15 reversibility phase, and again, if you look at this, these
16 data, you see that the placebo group, which clearly
17 represents the normal biological variability, their
18 ejaculate volume varies as much as the finasteride group
19 does during the conduct of the trial, again supporting that
20 there was no effect of ejaculate volume for treatment with
21 finasteride, and there are similar data for each of the
22 parameters that were measured for ejaculate, which is listed
23 in the table in the background package; I think it's table
24 51.

1 In response to a question about patients who have
2 a normal ejaculate versus patients, perhaps, who may be
3 marginal, can we see the tertile analysis on the actual
4 median ejaculate volume from 056?

5 [Pause.]

6 DR. KAUFMAN: We specifically looked at this issue
7 in a study looking at finasteride 5 milligrams. Finasteride
8 at the 5 milligram dose, in a similar patient population as
9 the patients studied in protocol 094, that is, young men,
10 did result in a small reversible decrease in ejaculate
11 volume. This appears to be a dose-dependent effect. It's
12 seen at the 5-milligram dose in two separate studies. It
13 was not seen at the 1-milligram experiment. This is the
14 change in the median ejaculate volume for the finasteride 5-
15 milligram group in this experiment. This is the on-drug
16 period. There is a decline of about half a cc, about a 20
17 to 25 percent decrease, and this is the change in the
18 placebo group. But this is statistically significant, and
19 then, this easily reverses upon discontinuation, as you can
20 see.

21 Now, we look specifically at the patients who had
22 the highest and the lowest and the middle tertile of
23 ejaculate volume to see whether the effect of the drug was,
24 if you will, more impressive on patients with lower or

1 higher or middle tertiles or whether this was some
2 regression to the mean on ejaculate volume, given the
3 variability that Dr. Overstreet referred to. Can we see the
4 lower, middle and upper tertiles for this?

5 Okay; this is the middle tertile, and again, these
6 patients started above the mean, slightly above the mean--
7 this is 2.9 ml--and decreased about 0.4 ml on finasteride 5
8 milligrams. There is reversibility again; here is the
9 placebo group.

10 Can we see the next slide? This is the upper
11 tertile, and, as expected, as expected, this effect was
12 larger in patients who had a larger ejaculate volume, but
13 part of this is being driven by the normal biological
14 variability. Once the baseline assessment is made, it is
15 more likely that patients with a higher ejaculate volume
16 will have a lower ejaculate volume at followup time points;
17 and then, the lowest tertile. Oh, I'm sorry; that was this
18 slide, right, which has the smallest effect.

19 So, I think--we have conducted three separate
20 studies evaluating this. There is a small reversible effect
21 on ejaculate volume; this is in the Proscar label at the 5
22 milligram dose. For the 1 milligram dose, no effect was
23 seen in ejaculate volume or any other parameter measured in
24 the same standardized way as protocol 056, which we just

1 showed you, suggesting that there is a dose-dependent effect
2 with respect to ejaculate volume with finasteride in young
3 male volunteers which represent the same population
4 potentially indicated for treatment.

5 DR. GOLDMAN: Bonnie Goldman, regulatory affairs.

6 A lot of the questions that have been asked are
7 actually things that were in our original application. In
8 fact, we didn't dwell on them in either the background
9 material or anything else. Prahalada will speak to some of
10 the animal data we have which is quite extensive on
11 fertility, and we can also fill in on some of the other
12 issues that have come in.

13 DR. P. SRINIVASAN: My name is Srinivasan
14 Prahalada. I'm from MRL. I'm going to briefly describe to
15 you how we evaluated the fertility studies in animals,
16 because that is an important point, and we knew from the
17 beginning with the earlier components that we were studying
18 that one of the target issues we need to carefully examine
19 is the testes and its related effect. So, three different
20 species: rabbit, dog, mice and rat, were treated at least
21 for 3 months in the first study. The highest dose that was
22 tested in the 3-month study in rat is approximately 40,000
23 times the human dose equivalent of the 1-milligram dose in
24 man. At that dose, there was absolutely no effect on the

1 spermatogenesis based on the testicular weight, testicular
2 histology and followed up that one with a long-term
3 fertility study. This is one of the longest fertility
4 studies that has been done in the rat. I will describe it
5 to you briefly.

6 In that study, a dose that was 4,000 times the
7 human dose equivalent was studied for approximately 6
8 months. That's one of the longest fertility studies in the
9 rat. In that process, again, there was no effect on the
10 spermatogenesis nor the fertilizing capacity of the sperm in
11 rat given this drug continuously, daily, hourly at this
12 dose. I want to also point out that we do achieve
13 extremely, at these doses, not only systemic exposure to the
14 drug was high, but the testicular level of this drug was
15 also high, indicating that despite total inhibition of DHT
16 in this species that there was no effect on the
17 spermatogenesis.

18 In addition, we also studied the dog for 6 months
19 and 1 year as well as the rat for 6 months to 1 year.
20 Again, in those two studies, testicular histology and
21 testicular weight did not show the spermatoid production
22 rate in dog, even after one year of dosing at extremely high
23 doses, had no effect on the spermatogenesis. So there is no
24 evidence, based on all of the studies to date, that

1 finasteride has any effect on the spermatogenic process in
2 the species that has been studied, and I also want to
3 emphasize, at these doses, as I said, we do achieve almost
4 total inhibition of DHT.

5 DR. MCGUIRE: Dr. Lim?

6 DR. LIM: Is it known in the animal models that
7 you studied that the 5-alpha-Reductase is the same type
8 enzyme as it is in humans?

9 DR. P. SRINIVASAN: The enzyme has been studied in
10 rat. What I want to emphasize is that when you give
11 finasteride, finasteride in rat is not as selective as it is
12 in species such as in man. So, one way we evaluate it is,
13 given such high doses, we can inhibit both Type I and Type
14 II in rat. Therefore, we could achieve almost total
15 inhibition of DHT at the high doses we have studied.

16 DR. LIM: But in human, I thought earlier on, we
17 were told that the Type I would not be inhibited completely
18 by finasteride; is that not correct?

19 DR. P. SRINIVASAN: Yes, that is correct.

20 DR. LIM: So, there would be some differences in
21 the enzymes? Or is it because of the dose effect, do you
22 think?

23 DR. SCOLNICK: There is a Type I and a Type II
24 enzyme in the rat. It is evolutionarily and biochemically

1 different. The inhibitor finasteride inhibits somewhat
2 selectively the Type II in rat, but also, with the doses,
3 inhibits both enzymes. In man, it only inhibits the Type II
4 enzyme, and it would, even if you went up to 80 or 100
5 milligrams of the drug in man.

6 DR. LIM: Thank you.

7 DR. MCGUIRE: We have--yes, Frank, go ahead with
8 your question, but as Dr. Parker is framing his question,
9 it's about time to take a break. I'm concerned that some of
10 the consultants need to be leaving fairly soon, and so, I
11 would ask those of you from the sponsor, those of you who
12 are going to be leaving, if you have something to say, go
13 ahead and weigh in before we take the break, but we should
14 take a break fairly soon.

15 Dr. Parker?

16 DR. PARKER: I just wanted to ask about the rats
17 on the large doses. Did they produce the same number of
18 offspring? Did you have any evidence that they were
19 infertile?

20 DR. P. SRINIVASAN: That is correct. In rabbit,
21 for example, in the 3-month studies, we evaluated not only
22 the spermatogenic effect as for lasting fertility, and the
23 fertility is not affected, and the number of fertilizable
24 eggs in finasteride-treated rat also is identical between

1 finasteride-treated and the placebo. There is no
2 difference.

3 DR. MCGUIRE: I have a question that was left over
4 from this morning, and in the analysis in which hairs were
5 counted, in which an area was shaved, and then, the scalp
6 was photographed, were those hairs analyzed and scored for
7 being medullated, nonmedullated, pigmented, nonpigmented?

8 DR. KAUFMAN: The question is in the hair counts,
9 whether the hairs were, in any way, graded for whether they
10 were medullated, nonmedullated. The way that our hair count
11 methodology has been developed, it was designed specifically
12 to look at the cosmetically important hairs, meaning that if
13 it was visible in the macrophotograph, it was, in essence, a
14 cosmetically important hair, and if it was a miniaturized
15 hair, we wouldn't actually be able to see it in our
16 macrophotographs, and we have done a number of experiments
17 to confirm that, to show that we do not count hairs that are
18 the miniaturized type with no medullary cavity and so forth.
19 But we didn't specifically grade them.

20 DR. GOLDMAN: Bonnie Goldman; thank you, Mr.
21 Chairman.

22 Because our consultants are leaving, I took down
23 some of the issues that were raised by the advisory. I
24 would like to first ask Dr. McConnell to deal with the

1 prostate cancer and the cell lines.

2 DR. MCCONNELL: John McConnell, University of
3 Texas; just in some generic comments about prostate cancer
4 experience in the Proscar database. In the most recently-
5 completed 4-year randomized trial, the PLESS trial, there
6 was very good tracking of prostate cancer cases, and, in
7 fact, these patients were biopsied, a subset of them were
8 biopsied in a longitudinal manner. And in this study, the
9 prostate cancer detection rate was absolutely identical in
10 the finasteride-treated patients as opposed to the placebo-
11 treated patients, and the utility of PSA measurements,
12 defined by receiver-operator characteristic curves and other
13 techniques, was identical in the finasteride group, perhaps
14 even enhanced to some degree.

15 So, as a practicing urologist, I really no longer
16 have any concern about finasteride suppressing the PSA-
17 driven diagnosis of prostate cancer, so, I think we can put
18 that to rest.

19 Also, in that experience, it's quite clear that in
20 the cases diagnosed, there were no differences in the
21 phenotype of the tumors, if you will. Gleason-grade
22 estimated tumor volumes, et cetera, were identical in the
23 finasteride-treated patients as opposed to placebo-treated
24 patients. So, I think it's fair to say that to date, there

1 is no clinical evidence to suggest that if a tumor develops
2 in a patient on finasteride that that tumor would somehow be
3 more malignant or have a more malignant phenotype than a
4 tumor that developed in a patient not exposed to drug, and I
5 think that's supported by the data.

6 Now, the cell culture study that was reported--I
7 believe this is the study out of Liao's laboratory at the
8 University of Chicago--is problematic, to put it bluntly.
9 This is a very contrived cell culture system which is sub-
10 sub-sub line of the lincap cell line, which is grown under
11 very artificial circumstances. This cell line has a tenfold
12 increase in the level of androgen receptor expression
13 compared to a normal prostate epithelial cell, and it's
14 grown out of its normal environmental regulatory mechanisms
15 with the stromal cell, and without going into details, there
16 are no good cell culture models of prostate cancer, but this
17 particular one is extremely problematic to make any
18 references to because of its very artificial increase in
19 androgen receptor expression, and cell culture models of
20 prostate cancer seldom parallel what we see in vivo. So, I
21 would caution you not to make too many extrapolations from a
22 very artificial cell culture system.

23 DR. SCOLNICK: John, could I just--

24 DR. MCCONNELL: Yes, policy .

1 DR. SCOLNICK: In the paper, I just saw--this is
2 really--what these people did in this paper was select a
3 cell line by depleting it of androgen. They cultured it 100
4 passages in androgen-depleted medium in order to select for
5 a tumor cell that grew in the absence of androgen. And
6 then, what they did is showed that if you give either
7 testosterone or dihydrotestosterone back, you suppress,
8 then, the growth of the cell. So, they selected for a cell
9 that grows in the absence of androgen. So, then, adding
10 back, without added androgen, finasteride to show it's
11 stimulated, all you're doing is elevating the DHT a little
12 in the cell line, in a cell line you've already selected to
13 grow in the absence of androgen. You're further depleting
14 it of an androgen with finasteride. It's a completely
15 artificial system. It has no relevance whatsoever to the
16 clinical situation.

17 Neither in the clinic nor in animal studies done,
18 again, with megadoses of finasteride is there any indication
19 that finasteride causes prostate cancer.

20 DR. MCGUIRE: Dr. Simmons-O'Brien?

21 DR. SIMMONS-O'BRIEN: I have a question I actually
22 had--I thought of this during the lunch break prior to even
23 hearing about the Leydig cell tumor for a young man who has
24 a very strong family history of prostate cancer, like, there

1 are cohort families, if he also happens to be balding and
2 wants to go to his dermatologist to see if he can be put on
3 finasteride, and given that, it would seem like he would
4 need to be on it for a lengthy period of time most likely,
5 if it worked for him. What would be Dr. McConnell's advice
6 to this young man about whether or not he should take one
7 milligram of finasteride for several years not knowing that
8 it may or may not be beneficial to his potential prognosis
9 for prostate cancer.

10 DR. MCCONNELL: Well, there are two parts to that
11 question. One is would it increase his risk in any way?
12 And I think the evidence is that it absolutely not increase
13 his risk, based upon at least a 4-year set of data, and we
14 still have the tool. The tool is PSA to make the diagnosis,
15 and the evidence is that finasteride, even at a 5-milligram
16 dose, does not eradicate the utility of that test as a
17 detection modality. So, I would have no concern about
18 starting drug on that patient and following him long-term.

19 Now, whether there's a benefit, a prophylactic
20 effect, a preventative effect of the drug on the development
21 of prostate cancer we won't know until the National Cancer
22 Institute trial is completed, which is a few more years down
23 the line. So, I would certainly never recommend that that
24 patient take finasteride as a possible preventative, but I

1 would have no concerns about giving him the drug as long as
2 he is being monitored closely with PSA and digital rectal
3 examination.

4 DR. SIMMONS-O'BRIEN: Just in continuing that, for
5 the practicing dermatologist, would you advise that it would
6 be important in their history taking of that particular
7 individual who is coming to them for the medication to
8 question them about family history of prostate cancer and
9 suggest that that person also concomitantly be followed by a
10 urologist?

11 DR. MCCONNELL: Well, I can answer that
12 personally. As you know, though, the issue of prostate
13 cancer detection is a somewhat contentious one in a public
14 health arena, and I won't get into that, but certainly,
15 personally, I think it would be wise for a dermatologist to
16 be cognizant of two factors. One is family history and the
17 risk that that gives to the patient. The ethnic risk that
18 African-Americans have; increased risk of prostate cancer,
19 and lastly, the effects that finasteride may have on PSA in
20 that there are certain corrections that have to be made.
21 So, in answer to your question, I think dermatologists would
22 need to be educated about it but that I don't think that
23 that precludes use of the drug in any way.

24 DR. MCGUIRE: Dr. Mindel?

1 DR. MINDEL: It's my understanding that the reason
2 that PSA is still valuable when someone is taking 5
3 milligrams a day is that you know it's halved, so, you
4 multiply by two; is that a correct assumption?

5 DR. MCCONNELL: That is correct.

6 DR. MINDEL: So, what would be the factor that you
7 would multiply at 1 milligram, and does that complicate the
8 situation and the interpretation? I mean, the urologist
9 knows that his patient is on 5 milligrams a day. Now, we
10 have the dermatologist giving a milligram or two, and maybe
11 the urologist doesn't know about it or, you know, do you
12 feel uneasy with--

13 DR. MCCONNELL: Hopefully, even urologists can
14 take a history and find out what other medications the
15 patient is on.

16 [Laughter.]

17 DR. MCCONNELL: If not, we're in big trouble.

18 I think it's an excellent question. I mean, in
19 these studies that you've heard today, it's my understanding
20 that PSA reduction was more in the 30 percent range, but
21 that's because these men, by and large, were younger men
22 starting with smaller prostates. They had not yet had the
23 initiation of the hyperplastic process. So, I don't know
24 how to answer your question directly. Maybe someone else

1 from the Merck team can about what percent corrections would
2 be appropriate to apply.

3 DR. STONER: In our own studies with one milligram
4 in men with benign prostatic hyperplasia in which we also
5 tested the 1 milligram dose, the reduction in PSA was
6 identical almost with 1 milligram as it was with 5
7 milligrams, so that for that population of men, we believe
8 that the correction of multiplying by two would hold as
9 well.

10 DR. MINDEL: Well, I'm confused a little bit.
11 You're saying that it should be doubled on one milligram as
12 well, the value of the PSA should be doubled by the
13 urologist?

14 DR. STONER: Well, in the age group of men who
15 will be taking this drug for male pattern baldness, PSA is
16 not routinely measured, and PSA would not normally be
17 measured in these men who really are the kinds of men that
18 we studied here. Once you get into the 50 and 60-year-old
19 population of men in which PSA is routinely measured, we
20 have data from our own clinical trials in those men at 5 and
21 1 milligrams, and in that population of men, when
22 finasteride is given both at 1 and 5, the reduction in PSA
23 is almost identical.

24 DR. MINDEL: Which you mean--so, it's about half.

1 DR. STONER: Yes, it's reduced by approximately 50
2 percent.

3 DR. MINDEL: But what confused me is the data that
4 we were shown showed a mean 0.2 microgram reduction. I know
5 these are not--we're talking about a different age group,
6 but prostatic hypertrophy is not--is it associated with a
7 markedly elevated PSA in itself?

8 DR. STONER: I think a review of the baseline PSAs
9 would help in this context.

10 DR. MINDEL: Okay.

11 DR. STONER: In the male pattern hair loss
12 clinical trials, the baseline PSA is about 0.7, and you have
13 a 0.2 mean reduction. In the clinical trials with BPH, the
14 mean PSA is approximately 2, and obviously, there is some
15 variability among those patients. So, you're talking about
16 a different mean baseline PSA. So, the reduction in the
17 population of men in their fifties, sixties and seventies in
18 which PSA is monitored closely at 1 milligram is
19 approximately the same as it is at 5 milligrams with a
20 baseline of about 2.

21 DR. MCCONNELL: Just to remember that, you know,
22 the current recommendations, at least American Cancer
23 Society and American Neurological Association, are that
24 annual screening and detection programs should begin at age

1 50 for the average patient, age 40 for the populations at
2 risk: African-Americans, people with family histories. So,
3 in our average patient, we're talking about a 50-year-old
4 man. The average 50-year-old man is going to have some
5 degree of BPH on average, and the data set from the original
6 Phase III finasteride trials, Proscar trials, give us the
7 answer, that the correct correction is a 50 percent
8 correction. I think the only remaining issue would be an
9 occasional patient who might be 40, family history and has
10 been on the drug for awhile and what corrections should be
11 applied there, and there, I think, just clinical judgment
12 would have to be applied.

13 And I'd also remind the panel that we don't stop
14 at PSA today. There's the newer version of the PSA test
15 that allows us to measure the percentage of PSA that's free
16 and unbound in the circulation has been really an excellent
17 way to separate out whether a PSA elevation in a given man
18 is due to BPH versus prostate cancer, and we didn't see it
19 today, but it's quite clear that finasteride does not affect
20 the utility of free PSA measurements either, so, we have yet
21 another tool that we can apply to this population.

22 DR. MCGUIRE: Did you have further remarks?

23 DR. GOLDMAN: On some of the other issues that
24 came up with consultants who are leaving; not on this

1 particular issue.

2 On the fertility issue and also on Dr. Wilkins'
3 general question about the experiment of nature, he asked
4 about the general health of patients with the deficiency as
5 well as cancer specifically, and there were some issues
6 about the fertility that I wanted Dr. Imperato-McGinley to
7 just address again.

8 DR. IMPERATO-MCGINLEY: Overall, we're quite
9 impressed by the general health of the individuals affected
10 with inherited defect in 5-alpha-Reductase II. Since I have
11 been involved with these patients, which is over 20 years, I
12 am aware of three deaths. One death was from malignant
13 hypertension and renal failure. Can you er do produce
14 normal skin. So, I am not so sure that anything you would
15 do would be to produce normal skin. Your endpoint would be
16 coverage, pain reduction and infection reduction and,
17 hopefully, a little longer a graft that held for periods of
18 time so that there wouldn't be an immediate recurrence, and
19 with any damage to these skins, these skins break down.
20 They break down anyway in the EB. The toxic epidermal
21 necrolysis is different but is still a major problem.

22 DR. MCGUIRE: I don't want to turn this into an EB
23 symposium, and I won't. I would like to make one point,
24 that is, areas of skin that have been injured and have

1 blistered are much more likely to blister and be injured
2 again, and you can graft uninvolved skin in EB to areas of
3 involvement and have an outcome that is not bad, especially
4 in terms of covering tumor site.

5 I would like to hear from the Agency. I would
6 like to know if there are any areas that I have slid by
7 inadvertently.

8 DR. WITTEN: I would like to thank everyone here
9 for participating. I think from our point of view this has
10 been a very helpful discussion, and we will be moving
11 forward, hopefully, to include this information in a draft
12 of a guidance document.

13 DR. MCGUIRE: I can tell by the sound of the books
14 and paper rustling that we are about to leave. I would
15 particularly like to thank the outside experts who came and
16 set an example for a cooperative discussion between surgeons
17 and dermatologists. It is probably the first time in fifty
18 years that has happened. We ought to do it again sometime.
19 Thank you very much.

20 [Whereupon, at 2:40 p.m. the proceedings were
21 recessed.]

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